The Power of One: You Make the Difference!

One. It seems so insignificant, doesn’t it? But—look at it differently. One degree in temperature makes the difference between an ordinary pot of water and a boiling pot of water. One brick makes the difference between an incomplete home and a complete home. One note makes the difference between a sour chord and a harmony of angels. When we change our perspective, one does not seem so insignificant any longer.

You are only one. What can you do? When do you make a difference? You make a difference every day. When you wipe a tear from a child’s cheek, you heal. When you open your home (and refrigerator!) to your teenage son’s friends, you provide a place of safety and refuge. When you kiss your child’s owie better, you make a difference. When you teach a young girl to mend a dress or hem a pair of pants, you make a difference. When you tenderly teach your daughter about modesty and chastity, or stay up late to help with homework, or teach a child to read, you make a difference. When you lovingly make dinner, fold laundry, clean a toilet, or fix a flat bike tire, you make a difference. When you study the scriptures with your family and express to them how you know the gospel is true, you make a difference.

One is powerful. One can make the difference.

One man. One prayer. One answer. That event made a difference.

One woman. One small act of kindness in one seemingly insignificant moment. You make the difference.

You are only one person, and Heavenly Father did not intend for you to be anything but who you are. But who you are is exactly what you need to be.

The Power of One. You make the difference.

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“By small and simple things are great things brought to pass” (Alma 37: 6)

“We have met you by the thousands as we travel the world. We have seen your good works; we have heard your heartfelt testimonies; we have felt your spirits. We have seen the light of the gospel reflected in your faces. Your example and influence for good are both extraordinary and remarkable. “(Silvia H. Allred, “Every Woman Needs Relief Society”, Ensign, Nov. 2009, p. 115)

“Every sister who stands for truth and righteousness diminishes the influence of evil. Every sister who strengthens and protects her family is doing the work of God. Every sister who lives as a woman of God becomes a beacon for others to follow and plants seeds of righteous influence that will be harvested for decades to come. Every sister who makes and keeps sacred covenants becomes an instrument in the hands of God.” (M. Russell Ballard, “Women of Righteousness”, Ensign, Apr. 2002, 66–73)

“There are two important days in a woman's life: The day she is born and the day she finds out why.” (“‘Let Me Soar,’ Women Counseled,” Church News, Oct. 17, 1981, 3)