BYU Women's Conference
Cosponsored by the Relief Society

Strengthen One Another in the Lord
May 3–4, 2018
womensconference.byu.edu
Dear Sisters,

I am very pleased to welcome you to the 2018 BYU Women’s Conference. We are delighted and grateful that you are here. We are thankful for the cosponsorship and support of the Relief Society in planning the conference. We hope that your experience here will be refreshing, uplifting, and fortifying.

The theme this year is Strengthen One Another in the Lord. We are aware of numerous scriptural entreaties to act in charity, to love one another as we love the Lord. We are also taught to bring each other to Christ. We hope in the sessions you attend at Women’s Conference this year you will learn more about how we can strengthen each other in the Lord (see Alma 15:18), how to build in others through our relationships and interactions a deeper faith in Jesus Christ and His atoning sacrifice, and how to build our own spiritual strength on the foundation of Jesus Christ and “be strong in the power of His might” (see Ephesians 6:10). The philosophies of the world can often lead people to think we can rely on something that differs from the gospel and from prophetic counsel (see the story of Korihor in Alma 30). Our goal in this conference is to help ourselves and others remain steadfastly on the rock of Jesus Christ (see Helaman 5:12).

We hope that you will take the opportunity to enjoy the many service opportunities that are available throughout the conference. We especially draw your attention to our Thursday evening service event, where your time will be put to such good use. We thank our friends at Deseret Book for providing another entertaining and inspiring concert for you on Thursday evening.

I express my gratitude to all who have had a part in planning, preparing, presenting, and supporting Women’s Conference in any way. We are all blessed by the dedication and service of so many.

We are especially grateful for you. You bring a spirit of goodness and hope, of friendship and caring to the conference. We pray that you will enjoy the many opportunities of the 2018 BYU Women’s Conference.

Sandra Rogers
Chair, 2018 BYU Women’s Conference

BYU Women’s Conference Committee

Sandra Rogers, Chair
Reyna I. Aburto
Joyce Andrus
Brenda Bennett
Pat Bradley
Michelle Craig
Julie Crockett
Liz Darger
Joy Flitton
Janeen Graham
Michelle James
Marcie Jessee
Jennefer Johnson
Michelle Moore
Shannon Openshaw
Ana Maria Pesqueira
Jennifer Brinkerhoff Platt
Susan H. Porter
Rickelle Richards
Lorelie Sander
Susan S. Taggart
Anne S. Talbot
Mary Williams
Peggy Worthen
Tiffany Zarbock

General Women’s Broadcast
Saturday, October 6, 2018

Be a part of the worldwide broadcast from Salt Lake City, Utah, and join with sisters in your wards and stakes for a special evening of instruction and inspiration from the First Presidency and the general presidencies of the Relief Society, Young Women, and Primary organizations.

All women, young women, and girls eight years and older are invited, so plan to attend together with your daughters, nieces, sisters, mothers, grandmothers, and friends! Listen for announcements from your local leaders to learn when it will be broadcast in your area.
**Marriott Center General Sessions**

**[THURSDAY, MAY 3]**

**Thursday Morning Opening Session**
9:00–10:15 a.m.
Kevin J Worthen
Strengthen One Another in the Lord

**Thursday Afternoon General Session**
3:45–5:00 p.m.
Jean B. Bingham
Sharon Eubank
Reyna I. Aburto
“That We May All Sit Down in Heaven Together”
(Lucy Mack Smith)

**Friday Morning General Session**
9:00–10:15 a.m.
Jennifer Brinkerhoff Platt
“Love One Another as I Have Loved You”
(John 13:34)

**Friday Afternoon Closing Session**
3:45–5:00 p.m.
President Russell M. Nelson and Wendy Watson Nelson

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**Instant Choir**
Join with your Women’s Conference friends and share your testimony through music by participating in the 2018 BYU Women’s Conference Instant Choir. All information, including music, is available on our website, womensconference.byu.edu. Come and sing with 600 of your newest friends on Thursday morning. Rehearsal starts promptly at 6:30 a.m.!

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**NOW AVAILABLE**

**Converted unto the Lord**
TALKS FROM THE 2017 BYU WOMEN’S CONFERENCE

Our conversion to the Lord does not end the day we are baptized. Rather, true conversion is a lifelong pursuit. In this stellar collection of talks selected from the 2017 BYU Women’s Conference, insightful speakers help us understand how we can turn our hearts and minds more fully to the Lord and become converted disciples of Christ.

Contributors to this collection include:
Elder Gary E. Stevenson • Karen J. Ashton • Jean B. Bingham • Sharon Eubank
Emily Belle Freeman • Barbara Morgan Gardner • Neill F. Marriott • Camille Fronk Olson
Bonnie L. Oscarson • Matthew O. Richardson • Brad Wilcox • Kathy Zeyer

Available at the BYU Store and the BYU Store satellite location at the Marriott Center or through Deseret Book and DeseretBook.com
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<th>Concurrent Sessions</th>
<th>MARRIOTT CENTER (MC) • 19,000 CAP*</th>
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| 11:00 a.m.–noon     | Understanding the Doctrine of Christ  
                      Laurel McConkie  
                      Susan Gong |
|                     | Strengthening Young Women: Believe in Your Divine Identity  
                      Young Women General Presidency |
| 12:30–1:30 p.m.     | “I Can Do All Things through Christ Which Strengtheneth Me” (Philippians 4:13)  
                      Jan Zwick  
                      W. Craig Zwick |
| 2:00–3:00 p.m.      | SMITH FIELDHOUSE (SFH) • 3,375 CAP |
|                     | “Holding Your Ground”: Faith during the Challenges of Mortality  
                      Rosemary Thackeray  
                      John Bytheway |
|                     | “More Strength to O’ercome” (Hymns, no. 131): Dealing with Failure  
                      Barbara Thompson  
                      Mary Ellen Edmunds |
|                     | Teaching Children to Deal with Bullying  
                      Janeen Graham  
                      Hank Smith |
|                     | BALLROOM, WILKINSON STUDENT CENTER (WSC) • 1,575 CAP |
|                     | Value beyond Measure: Our Relationship with an All-Knowing and Loving Heavenly Father  
                      Honey Cross  
                      Mary Williams |
|                     | “The Highest and Noblest Work” of Motherhood  
                      Rebekah Dieter  
                      Kara Murri |
|                     | A People Prepared to Meet Christ  
                      Carol May  
                      Michael May |
|                     | 3220–3224 WILKINSON STUDENT CENTER (WSC) • 580 CAP | OVERFLOW |
|                     | Standing for Truth While Showing Kindness  
                      Andrea Ryser  
                      Joyce L. Talbot |
|                     | “What Thinks Christ of Me?”  
                      Jana Starr  
                      Mark Ogletree |
|                     | The Doctrine of Inclusion: Who Is My Neighbor?  
                      Melissa Breiter  
                      Jennifer Hernandez |
|                     | DE JONG CONCERT HALL, HARRIS FINE ARTS CENTER (HFAC) • 1,280 CAP* |
|                     | Seeking and Receiving Personal Revelation  
                      Arla Funk  
                      Suanne Rosenbaum |
|                     | Promises and Power of the Book of Mormon  
                      John Anderson  
                      Ilona Hunsaker |
|                     | When We Feel Like a Broken Vessel: The Challenges of Anxiety and Depression  
                      Emily Newbold  
                      Debbie Doxey |
|                     | AUDITORIUM, JOSEPH SMITH BUILDING (JSB) • 855 CAP* |
|                     | Strengthening Joy and Gratitude in Marriage  
                      Beverly Graham  
                      Leonard “Bo” Graham |
|                     | “A Plea to My Sisters”: Answering the Challenge  
                      Bobbi Deere  
                      Jenny Reeder |
|                     | Speak, Listen, and Love: Communication in Marriage  
                      Teri L. Taggart  
                      Steven W. Taggart |
|                     | ASSEMBLY HALL, HINCKLEY ALUMNI & VISITORS CENTER (HC) • 500 CAP | OVERFLOW |
|                     | Young Women: Fully Engaged in Building the Kingdom  
                      Sarah Campbell  
                      Susan S. Taggart |
|                     | Hope and Direction for Early-Returning Missionaries  
                      Linda Wilson  
                      Becky Poulter  
                      Paul W. Salisbury |
|                     | “The Hope of God’s Light”  
                      Memnet P. Lopez  
                      Julia Klebingat |
[11:00 a.m.–noon]

**PARDOE THEATRE, HARRIS FINE ARTS CENTER** (HFAC) • 580 CAP*

- Repentance Is Always Positive
  - Vicki Carlson
  - Bruce Carlson

[12:30–1:30 p.m.]

**MADSEN RECITAL HALL, HARRIS FINE ARTS CENTER** (HFAC) • 435 CAP*

- He Inviteth Them All to Come unto Him
  - Liz Darger
  - Laurel Christensen Day
  - Maria Luisa Torres
  - Zandra Vranes

- “The Needs before Us”
  - Joyce Andrus
  - Jacky Stokes

[2:00–3:00 p.m.]

**VARSITY THEATRE, WILKINSON STUDENT CENTER** (WSC) • 385 CAP | OVERFLOW

- Winning the Battle against Pornography through a Christ-Focused Home
  - Dina Alexander
  - Lee Gibbons

- The Journey to Healing from Sexual Abuse
  - Lisa M. Leavitt
  - Julie L. Valentine

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**2254 BYU CONFERENCE CENTER** (CONF) • 300 CAP | OVERFLOW

- Choosing Personal Responsibility and Accountability
  - Lauren A. Barnes
  - Randy Boothe

- Using Social Media to Uplift Others
  - Rhonna Farrer
  - Brooke Romney

- Overcoming Addictions through Strength in the Savior
  - Lisa Packer
  - Brian Willoughby

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**BALLROOM, HARMAN BUILDING** (HCEB) • 360 CAP

- Forgiveness through the Lord: The Road to Relief
  - Rohan Shearer
  - Kay Houghton Timothy

- The Family Proclamation: The Family is of God
  - Julie Haupt
  - Susan H. Porter

- Living in Love in a Blended Family
  - Lisa Clark
  - Leslie Huntsman Dyches

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**2260 BYU CONFERENCE CENTER** (CONF) • 200 CAP

- Concejos familiares: Un modelo celestial
  - Tammy Chacon
  - Moises D. Chacon

- “Las necesidades ante nosotros”
  - Cecy Alomia
  - Carla Montesino

- La amorosa y misericordiosa seguridad que brinda el Señor
  - Rosa Corbett
  - Ximena Cevallos Iglesias

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*Broadcast rooms available for these sessions. See your Program Update for details.*
FRIDAY [May 4]
Concurrent Sessions

[11:00 a.m.–noon]

**MARRIOTT CENTER** (MC) • 19,000 CAP*

*The Watchman on the Tower: Listen to a Prophet’s Voice*
Nancy Maynes
Kathy S. Andersen

*The Prophet Joseph: "Thy Friends Do Stand by Thee"*
Heidi Swinton
Susan Easton Black

*Up, Awake, Ye Defenders of Zion (Hymns, no. 248)*
Joy D. Jones
Bonnie H. Cordon
Cristina B. Franco

**SMITH FIELDHOUSE** (SFH) • 3,375 CAP

*Believing in and Accepting the Atonement of Jesus Christ in our Daily Lives*
Linda Flanagan
Kelly Flanagan

*Raising Resilient Children Who Grow from Failure*
Sarah Coyne
Marie Shepherd

*Simplify Your Life*
Cindy Lou Trishman
Kim Smith Yandow

**BALLROOM, WILKINSON STUDENT CENTER** (WSC) • 1,575 CAP

*“With all the Feeling of a Tender Parent”: Teaching Children Spiritual Integrity*
Heidi Jackman
Jennefer H. Free

*Listening and Discussing Tough Topics with Teens*
Julie Gowans
Alex Jensen

*Teaching Children to Recognize Truth*
Kiersten Blanchard
Pat Bradley

**3220–3224 WILKINSON STUDENT CENTER** (WSC) • 580 CAP | OVERFLOW

*Forgiveness in Marriage: The Path to Peace and Joy*
Faith Cooper
Anna King

*Armed with Strong Faith to Overcome Life’s Challenges*
Sharon Alexander
Paige La’amauga Call

*I Will Make Weak Things Become Strong (Ether 12:27)*
Annie Edwards
Mary N. Larson

**DE JONG CONCERT HALL, HARRIS FINE ARTS CENTER** (HFAC) • 1,280 CAP*

*The Lord’s Loving and Merciful Assurance*
Shauna Andrus
Janet Rowley

*“They That Wait upon the Lord”*
Annalece Boothe Misiego
Sharon Aposthian Wright

*Being True to Each Other: Trust and Fidelity in Marriage*
Cindy Patey Brewer
Emily Darger Deans

**AUDITORIUM, JOSEPH SMITH BUILDING** (JSB) • 855 CAP*

*Ministering in the Savior’s Way Brings Purpose to Our Lives*
Julene Judd
Eric Huntsman

*“Distinct and Different—in Happy Ways”: The Power of Example*
Allison Lee
Ally Isom

*Walking in the Light of Testimony*
Jennifer Dexter
Kristy Dimmick

**ASSEMBLY HALL, HINCKLEY ALUMNI & VISITORS CENTER** (HC) • 500 CAP | OVERFLOW

*Then Holiness Is What We Seek*
Susan Crockett
Michelle Craig

*Prayer: The Passport to Spiritual Power*
Amy C. Reading
Sandi Suarez

*The Lord’s Hand Is Guiding You*
Delfa Andrus
Susan Bell
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<td>11:00 a.m.–noon</td>
<td><strong>PARDOE THEATRE, HARRIS FINE ARTS CENTER (HFAC)</strong> • 580 CAP*</td>
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<td>All Have a Place in Christ’s Church</td>
<td>Jenny Minster Asay, Isaac L. Thomas</td>
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<td>“Comparison Is the Thief of Joy”</td>
<td>Jessica Guynn, Lynne Kelson</td>
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<td>Strengthening Young Men: Believe in Your Divine Identity</td>
<td>Brenda Bennett, John James</td>
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<td>12:30–1:30 p.m.</td>
<td><strong>MADSEN RECITAL HALL, HARRIS FINE ARTS CENTER (HFAC)</strong> • 435 CAP*</td>
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<td>Religious Freedom: A Cherished Heritage to Defend</td>
<td>Elizabeth Clark, Hannah Clayson Smith</td>
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<td>Bearing Our Burdens with Ease</td>
<td>Carolyn Billings, Marlene Pelham</td>
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<td>Praise the Lord with Music</td>
<td>Melanie Hoffman, Jennifer Durham Tolk</td>
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<td>2:00–3:00 p.m.</td>
<td><strong>VARSITY THEATRE, WILKINSON STUDENT CENTER (WSC)</strong> • 385 CAP</td>
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<td>“Are Ye Stripped of Pride?” (Alma 5:28)</td>
<td>Bret Andrus, Alison Squire</td>
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<td>Family Councils: A Heavenly Pattern</td>
<td>Kathryn Sorensen Olsen, Ann Parkin</td>
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<td>Young Single Adults: Communicating Eye-to-Eye and Heart-to-Heart</td>
<td>Peggy Berrett, John B. Eyring</td>
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<td>The Sabbath Is a Day of Blessings</td>
<td>Kathleen Hale, Eli Herring</td>
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<td>Strengthening the LGBTQ-Identified in the Lord</td>
<td>Anne Cox, Steve Smith</td>
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<td>Opening the Heavens: Family History and Temple Work</td>
<td>Christa Bushman, Sharron Collier</td>
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<td>The Freedom and Strength of Self-Reliance</td>
<td>Anne Carroll P. Darger, Karen Heber</td>
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<td>You Are More Than Your Social Media Profile</td>
<td>Becky Higgins, Angela Boyle King</td>
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<td>Single Adult Sisters: The Church Can’t Do It without You</td>
<td>Stacy Clifford, Michalyn Steele</td>
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<td>Un pueblo preparado para recibir a Cristo</td>
<td>Nuria M. Martinez, Carlos Aburto</td>
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<td>Con todo el sentimiento de un tierno padre:</td>
<td>Tania Gamarra Lamb, Marcela Sanchez</td>
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<td>Enseñar a los hijos la integridad espiritual</td>
<td>Claudia Archer, Dulce Maria Benjamin</td>
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<td>“Una súplica a mis hermanas”: Respondamos al desafío</td>
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* Broadcast rooms available for these sessions. See your Program Update for details.
Build Your Schedule

**TH [May 3]**
Opening Session—Marriott Center, 9:00–10:15 a.m.

1. [11:00 a.m.–noon]
2. [12:30–1:30 p.m.]
3. [2:00–3:00 p.m.]

FIRST CHOICE
SECOND CHOICE
THIRD CHOICE

General Session—Marriott Center, 3:45–5:00 p.m.
Evening of Service—Richards Building and Smith Fieldhouse, 5:00–8:00 p.m.
Evening Performance—Marriott Center, 8:15–9:45 p.m.

**F [May 4]**
General Session—Marriott Center, 9:00–10:15 a.m.

1. [11:00 a.m.–noon]
2. [12:30–1:30 p.m.]
3. [2:00–3:00 p.m.]

FIRST CHOICE
SECOND CHOICE
THIRD CHOICE

Closing Session—Marriott Center, 3:45–5:00 p.m.

Photo Booths
Be sure to capture your Women’s Conference experience at one of our photo booths! Locations will be posted in the Program Update.

Upcoming Conference Dates
May 2–3, 2019 • April 30–May 1, 2020
Women’s Conference by Topic

We hope this topic guide will help you navigate the sessions offered. Please read the abstract in its entirety to help with your class selection.

Note: Numbers reference session numbers, NOT the page.

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CONFERENCE INSIGHTS AND INFORMATION

REGISTRATION INFORMATION
There are four easy ways to register:
• **Online:** womensconference.byu.edu
• **Phone:** 1-877-221-6716 or 801-422-8925
• **In person:** Weekdays 8:00 a.m.–5:00 p.m. in the Harman Continuing Education Building lobby
• **On the days of the conference, May 3–4:** Marriott Center, northeast and northwest concourse entrances

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<td>$59</td>
<td>$66</td>
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<td>One Day</td>
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AGE LIMIT
The conference is designed for women and men ages 16 and older. Due to logistical and safety constraints on campus, we cannot accommodate infants and young children in any conference session or activity, including the Marriott Center.

MAY WE HELP YOU?
Do you have a question? Do you need more information? Please call, email, or message us through Facebook. We are ready to help you have a wonderful experience.
• Information: 801-422-7692
• Registration: 801-422-8925 / 1-877-221-6716
• Email: womens_conference@byu.edu
• Facebook: BYUWomensConference

GIVE THE GIFT OF WOMEN’S CONFERENCE
Share Women’s Conference with a friend and download one of the gift certificates available on our website. Whether for a family member, a birthday, a roommate reunion, a best friend, or just to say thank you, the gift of sharing Women’s Conference together will be a cherished experience.

CONFERENCE INFORMATION (HELP) DESKS
For assistance with directions, lost name badges, shuttles, and other needs, visit with an information desk assistant at one of the following locations:
• Marriott Center Concourse (MC)
• Main Third-Floor Gallery, Harris Fine Arts Center (HFAC)
• Lobby, Joseph Smith Building (JSB)
• North track, Smith Fieldhouse (SFH)
• Garden Court, Wilkinson Student Center (WSC)

SERVICE LEARNING ROOMS
Sessions originating in the Marriott Center, de Jong Concert Hall, Pardoe Theatre, Madsen Recital Hall, and Joseph Smith Building Auditorium will be broadcast in the Service Learning Rooms in the following locations:
• BYU Conference Center (CONF)
• J. Reuben Clark Building (JRCB)*

Pick up the Program Update during the conference for more information on the Service Learning Rooms.

*The JSB session will not available in the JRCB on Thursday.

SESSION ROOM OVERFLOWS
The Program Update will include a list of all session rooms with video or audio overflow options; pick one up on Thursday morning at the Marriott Center or any Women’s Conference Information Desk.

ASL INTERPRETERS
American Sign Language (ASL) interpreters will be provided for all Marriott Center conference sessions. Participants needing ASL interpretation should sit in section 8, row 3, in designated seats (enter through Portal H).

Interpreters for sessions other than the Marriott Center can be provided if requested by April 18, 2018. Further details can be found on our website at womensconference.byu.edu/special-accommodations.
PARKING
Each year we strive to make your parking, shuttles, and walking as easy as possible. We have easily accessible parking lots and extensive shuttle service to get you to and from parking areas. (Please refer to the map in the center of this booklet.) Women’s Conference parking is available in these lots:

- 20Y, northeast of the Marriott Center (shuttle stop with attendant)
- 45U, west of LaVell Edwards Stadium (shuttle stop with attendant)
- 37Y, north of the Indoor Practice Facility (shuttle stop with attendant)

Although parking areas closer to the Marriott Center fill up early, parking is available in the lots listed above, with enhanced shuttle service to campus. You may want to save time and go there first. Please cooperate by parking in designated areas and within stalls. Please note that program participants should not park in the neighborhoods north of the Marriott Center or east of 900 East. Parking in areas other than those noted will lead to towing of your vehicle.

Self-contained recreational vehicles can park in lot 37Y, north of the Indoor Practice Facility. No facilities are available there.

COURTESY SHUTTLES
Courtesy shuttles pick up riders at the stops indicated by a star on the parking map (in the center of this booklet). Shuttles run from 7:30 a.m. to 11:00 p.m. on Thursday, May 3, and 7:30 a.m. to 6:00 p.m. on Friday, May 4. While the shuttles are available to all conference participants, preference will be given to seniors or those with disabilities. Shuttles pick up and drop off at designated shuttle stops only.

Please Note: From 7:30 to 11:00 p.m. on Thursday, and from 4:00 to 6:00 p.m. on Friday, shuttles will only run from the Marriott Center to all parking lots and campus housing.

Please continue to exhibit kindness, consideration, and patience when parking and using the shuttle service. Your actions can and do affect the experiences of other attendees and university employees assisting with the conference.

HOW FAR IS IT TO WALK?
Wait times for the shuttles can be long, so if you are physically able, we encourage you to enjoy campus and take a walk to your next session.

Marriott Center to:
- Cannon Commons 5–7 minutes
- Conference Center 5–7 minutes
- Harman Building 5–7 minutes
- Harris Fine Arts Center 7–10 minutes
- Hinckley Building 5–7 minutes
- Joseph Smith Building 15 minutes
- Smith Fieldhouse 12–15 minutes
- Wilkinson Student Center 10–12 minutes

Wilkinson Student Center to:
- Cannon Commons 15 minutes
- Harris Fine Arts Center 3 minutes
- J. Reuben Clark Building 3–5 minutes
- Joseph Smith Building 7–10 minutes
- Smith Fieldhouse 15 minutes

We don’t recommend it, but if you are planning to text and walk, please remember to look up! Please obey all traffic laws and cross streets at designated crosswalks.

Note: Walking time dependent on crowds and comfort of shoes.

PARKING FOR PARTICIPANTS WITH DISABILITIES
If you have a state-issued disability placard or permit, you may park in the designated area northeast of the Marriott Center or in lot 26A south of the J. Reuben Clark Building (next to the visitors’ lot) based on space availability. Participants who have these placards may also park in any of the state disability parking spaces on campus. If disability spaces are filled in a particular lot, you may hang your placard and park in any campus parking spaces EXCEPT for service or timed lots, and spaces for deans, directors, or designated license plates.

WHEELCHAIR SEATING
Due to limited wheelchair seating in all conference locations, wheelchair access areas are reserved only for participants who use wheelchairs. One to three companions may accompany those who use wheelchairs, and they will be seated in close proximity.
In the Marriott Center, wheelchair seating is available at all portals except G, H, and J on the concourse level. Limited floor wheelchair seating is available for those accompanied by a companion who can push the chair up a steep ramp in the event of an emergency. Wheelchair-accessible restrooms are located on the concourse level, but not on the floor level.

One wheelchair-accessible shuttle is available (one friend may accompany). To contact the driver on May 3–4, call 385-335-3143.

**RECORDING OF TALKS**

Personal audio and video recording of conference sessions is not allowed. Select transcripts from the 1997 to 2017 conferences are posted on our website at womensconference.byu.edu under Library/Transcripts.

**SPECIAL BYU STORE HOURS AND LOCATIONS**

For your convenience, the BYU Store and the Marriott Center satellite store will be open at the following times:

**Marriott Center satellite store** (located south of the Marriott Center):
- 7:30 a.m. to 11:00 p.m. on Thursday, May 3
- 7:30 a.m. to 6:00 p.m. on Friday, May 4

**Main BYU Store:**
- 7:50 a.m. to 8:00 p.m. on Thursday, May 3, and Friday, May 4
- 10:00 a.m. to 6:00 p.m. on Saturday, May 5

**Beehive Clothing outlet** (located on the lower level of the BYU Store):
- 9:00 a.m. to 6:00 p.m. on Thursday, May 3, and Friday, May 4
- 10:00 a.m. to 4:00 p.m. on Saturday, May 5

**WHILE YOU ARE HERE**

Check what other participants say are “must do’s” while on campus:
- Attend all the Marriott Center sessions. Enjoy that feeling of sisterhood as we all meet together.
- Eat a BYU mint brownie or ice cream from the Creamery, share a bag of chocolate-covered cinnamon bears from the BYU Store, or grab fresh fruit at the Twilight Zone!
- Go to the evening concert and enjoy the wonderful music.
- Grab Thursday dinner at the Marriott Center and go serve together, and then enjoy the Deseret Book concert!
- Make a new friend. Say hello to the sister next to you. Everyone needs a new friend!
- Seek out service ideas at the Sharing Stations on Thursday and Friday in the Garden Court at the Wilkinson Student Center (WSC).
- Serve in the Conference Center or the J. Reuben Clark Building and watch the live broadcasts.
- Sing in the Instant Choir with 600 new friends.
- Split up for sessions and share insights each evening.
- Take a cultural break at the Museum of Art.
- Visit the BYU Store and pick up your favorite BYU T-shirt! Go Cougars!
- Work on a “Take, Make, and Return” kit and return the finished item to the Garden Court!
Thursday Morning Opening Session

Strengthen One Another in the Lord
Kevin J Worthen—husband, father, grandfather; president, Brigham Young University; Area Seventy

Concurrent Sessions [ 11:00 a.m.–noon ]

SMITH FIELDHOUSE (SFH) 11:00 a.m.–noon
2 • “Holding Your Ground”: Faith during the Challenges of Mortality
The Lord and His prophets knew that, as mortals, we would have questions. How we respond to our questions makes all the difference. The scriptures encourage us to ask, seek, search, and learn. Elder Jeffrey R. Holland taught, “...hold the ground you have already won, even if that ground is limited...stand strong until additional knowledge comes.” He continues, “Honestly acknowledge your questions and your concerns, but first and forever fan the flame of your faith...’ We can turn to Christ with all of our questions. Elder James B. Martino noted, “Be obedient, remember the times when you have felt the Spirit in the past, and ask in faith. Your answer will come.” How do we learn to ask, seek, search, and learn in faith? How do we strengthen friends and family in the Lord when they are struggling with their own questions?

Rosemary Thackeray—aunt, sister, daughter; professor, Public Health, BYU; member, Young Women general board; former Primary teacher, Relief Society president and counselor, stake Young Women counselor

John Bytheway—husband, father; bishop; author; part-time religion instructor, BYU Salt Lake Center

Women’s Conference Sessions

MARRIOTT CENTER (MC) 11:00 a.m.–noon
1 • Understanding the Doctrine of Christ
“Behold, I am he who was prepared from the foundation of the world to redeem my people. Behold, I am Jesus Christ” (Ether 3:14). “And this is my doctrine...that the Father commandeth all men, everywhere, to repent and believe in me” (3 Nephi 11:32). The fundamental doctrines of the gospel are to have faith in Jesus Christ and His Atonement, be baptized for the remission of sins, receive the gift of the Holy Ghost, repent joyfully and “press forward with a steadfastness in Christ” (2 Nephi 31:20). In Psalms we read, “Give me understanding, and I shall keep thy law; yea, I shall observe it with my whole heart” (Psalm 119:34). How can we seek to truly understand His fundamental doctrine? How does obedience to this doctrine bring blessings into our lives? How do we more fully live the plain and precious doctrines of Christ? How can we strengthen one another and keep our teachings clear and simple?

Laurel McConkie—wife, mother; former Argentine missionary; teacher; served with husband when he presided over the Czech Slovak mission; BYU graduate

Susan Gong—wife of Elder Gerrit W. Gong of the presidency of the Seventy, mother, grandmother; former Taiwan missionary; BYU graduate (twice); teacher; gardener; perpetual student
3 • Value Beyond Measure: Our Relationship with an All-Knowing and Loving Heavenly Father

President Spencer W. Kimball declared, “God is your Father. He loves you. He and your Mother in Heaven value you beyond any measure. . . . You are unique. One of a kind made of eternal intelligence which gives you claim upon eternal life.” Sister Joy D. Jones teaches, “As the Savior lifts us to higher ground, we can see more clearly not only who we are but also that we are closer to Him than we ever imagined.” President Dieter F. Uchtdorf observes, “I believe that every man, woman, and child has felt the call of heaven at some point in his or her life. Deep within us is a longing to somehow reach past the veil and embrace Heavenly Parents we once knew and cherished.” How can we recognize Heavenly Father’s love for us? How are we each special, unique, and valued? How does our knowledge of God’s love for us guide our daily choices and actions?

Honey Cross—fifteen-year case study in applying gospel principles to the grit of real life; single mom, new grandma; student; nursery leader

Mary Williams—mother, grandmother; self-reliance facilitator; former stake Young Women president, Relief Society president; associate professor, BYU College of Nursing; Women’s Conference committee member

Andrea Ryser—wife, mother; homemaker; former member, Women’s Conference service subcommittee, former Women’s Conference Project Leader; Relief Society teacher, Webelos den leader

Joyce L. Talbot—wife, mother; convert (only member in family); stake Relief Society counselor; cardiology clinic office coordinator; former stake Primary president

5 • Seeking and Receiving Personal Revelation

Great blessings result through personal revelation. Elder David A. Bednar promises that the spirit of revelation will “illuminate and enlarge your soul, enlighten your understanding, and direct and protect you and your family.” Sister Julie B. Beck taught, “The ability to qualify for, receive, and act on personal revelation is the single most important skill that can be acquired in this life.” Sister Sheri Dew counseled, “A woman led by the Lord knows where to turn for answers and for peace. She can make difficult decisions and face problems with confidence because she takes counsel from the Spirit.” In what ways can learning to recognize personal revelation bless our lives? How do we know when we have received personal revelation? How can we enhance our ability to receive personal revelation? How do we recognize how the Spirit speaks to us and separate our own desires from the messages of the Holy Ghost?

Arla Funk—wife, mother, grandmother; ran family business; former Young Women and Relief Society president; former member Historic Preservation Board

Suanne Rosenbaum—wife, mother, grandmother; registered nurse; loves family time; working in the temple, reading, genealogy, playing the piano, and travel

6 • Strengthening Joy and Gratitude in Marriage

A joyous marriage requires a joyful environment. President Russell M. Nelson explains, “Harmony in marriage comes only when one esteems the welfare of his or her spouse among the highest of priorities.” Such a relationship brings, he continues, “great joy in this life and in the life to come.” Joy comes through gratitude for our spouse, even in less-than-perfect circumstances. How can a focus on our spouse’s welfare bring more joy in our marriage? How can
gratitude for our spouse change our daily perspectives and strengthen us in difficulties? How can we strengthen our marriages in the Lord through the teachings and joy of the gospel?

**Beverly Graham**—wife, mother, grandmother, great-grandmother; temple ordinance worker; ward choir director; loves music; firm in the faith

**Leonard “Bo” Graham**—husband, father, grandfather, great-grandfather; temple sealer; former bishop and stake president

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**ASSEMBLY HALL, HINCKLEY CENTER (HC)**
11:00 a.m.–noon

7 • **Young Women: Fully Engaged in Building the Kingdom**

Young women grow in testimony and commitment as they serve in the Church. The Personal Progress manual teaches, “You are a beloved daughter of Heavenly Father, prepared to come to the earth at this particular time for a sacred and glorious purpose. You have a noble responsibility to use your strength and influence for good.” Sister Bonnie L. Oscarson explains, “I can guarantee that there will always be someone at every Church meeting you attend who is lonely, who is going through challenges and needs a friend, or who feels like he or she doesn’t belong. You have something important to contribute to every meeting or activity, and the Lord desires for you to look around at your peers and then minister as He would.” What are the blessings that come to young women as they serve the individual, magnify callings, and fulfill responsibilities in the Church? How can wards and stakes provide opportunities for young women to be strengthened in the Lord and more fully engaged in church service?

**Sarah Campbell**—wife; nurturer; BYU attorney; ward Young Women president; youth encourager; harpist; historic homeowner; golden retriever lover; daily journal and promise keeper

**Susan S. Taggart**—wife, mother; former Netherlands missionary; interior designer; Road Home board member; member, Young Women general board; Women’s Conference committee member

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**PARDOE THEATRE, HARRIS FINE ARTS CENTER (HFAC)**
11:00 a.m.–noon

8 • **Repentance Is Always Positive**

Brother Stephen W. Owen teaches, “Too often we think of repentance as something miserable and depressing. But God’s plan is the plan of happiness, not the plan of misery! Repentance is uplifting and ennobling. It’s sin that brings unhappiness . . . repentance is always positive.” In the Book of Mormon we learn that “wickedness never was happiness” (Alma 41:10). We all make mistakes and have the need to repent, but as President Thomas S. Monson said, “no failure ever need be final.” Repentance is the means by which we return to our Father in Heaven. How can we learn to repent with a spirit of joy at the changes we are making in our lives instead of focusing on our mistakes? How can repentance lift our burdens and replace them with hope?

**Vicki Carlson**—wife of Elder Bruce Carlson, mother, grandmother; convert; currently serving as Beehive advisor

**Bruce Carlson**—husband, father, grandfather; emeritus Seventy; retired Air Force general; convert; currently serving as ward Sunday School president
9 • He Inviteth Them All to Come unto Him

In 2 Nephi 26:33 we read, “And he inviteth them all to come unto him and partake of his goodness; and he denieth none that come unto him, black and white, bond and free, male and female; and he remembereth the heathen; and all are alike unto God, both Jew and Gentile.” President Gordon B. Hinckley declared, “No man who makes disparaging remarks concerning those of another race can consider himself a true disciple of Christ. Nor can he consider himself to be in harmony with the teachings of the Church of Christ.” How can we be more inclusive of people regardless of race, religion, or creed? How can we open our circles of friendship and strengthen one another in the Lord? How can we eliminate racism and discrimination from our personal lives?

Laurel Christensen Day—wife, stepmom; returned missionary; master’s degree in communications management; vice president, Deseret Book Company

Liz Darger—BYU senior associate athletic director; master’s degree in school counseling psychology; Young Women’s leader; Women’s Conference committee member; favorite aunt; show tune lover; common-ground seeker

Maria Luisa Torres—wife, mother; graduate of University of Utah; Hispanic Initiative Committee member; former member, Relief Society general board; served mission to Central America and with mission president husband in Guatemala

Zandra Vranes—multimedia content creator; black and Mormon—“to many that’s an oxymoron, but to me it’s just life”

10 • Winning the Battle against Pornography through a Christ-Focused Home

Satan seeks to gain a stranglehold on individuals of all ages through the insidious evil of pornography; families must build immunity to this negative force. If we become entangled in pornography, “Satan will try to . . . convince you that you cannot stop or that the Atonement [of Jesus Christ] does not apply to you.” Because of the atoning sacrifice of Jesus Christ, you can repent and change. The Lord promised that “though your sins be as scarlet, they shall be as white as snow” (Let Virtue Garnish Thy Thoughts manual). In relation to pornography, how can we be more faith-focused instead of fear-focused in our homes? How can parents create open communication with each other and with their children about pornography? How can we help our family members know that, despite exposure to pornography, repentance is possible through the Savior’s Atonement?

Dina Alexander—wife, mother; founder and CEO of Educate and Empower Kids, helping families navigate the digital age and use technology for good; master’s degree in recreation therapy

Lee Gibbons—husband, father; product manager of forthcoming Addressing Pornography website on lds.org

11 • Choosing Personal Responsibility and Accountability

“I will choose good over evil and will accept responsibility for my decisions” (Young Women Values, Choice and Accountability). Elder Lynn G. Robbins teaches, “Assuming responsibility and being accountable for our choices are agency’s complementary principles.” The adversary discourages personal responsibility and encourages the rationalization or minimizing of sin. Elder Robbins continues, “One of Satan’s most crafty strategies to gain control of our agency isn’t a frontal attack on our agency but a sneaky backdoor assault on responsibility.” What do we learn about responsibility from the example of Jesus Christ? How do we teach accountability and responsibility in our families? How do we use our agency to demonstrate our personal responsibility?
Lauren A. Barnes—wife, mother; assistant clinical professor, BYU School of Family Life; clinical director, BYU Marriage and Family Therapy; stake Primary president

Randy Boothe—husband, father, grandfather; associate professor, BYU School of Music; former second counselor in stake presidency; member, Nebo School Board; director, BYU Young Ambassadors

BALLROOM, HARMAN BUILDING (HCEB)
11:00 a.m.–noon

12 • Forgiveness through the Lord: The Road to Relief
Forgiveness is a process that can be long and difficult, yet the road to relief is found through the Lord. Elder Richard G. Scott counseled, “As impossible as it may seem to you now, in time the healing you can receive from the Savior will allow you to truly forgive. . . . When you can forgive the offense, you will be relieved of the pain and heartache that Satan wants in your life by encouraging you to hate. . . . As a result, you will enjoy greater peace.” Elder James E. Faust taught, “… if we will get on our knees and ask Heavenly Father for a feeling of forgiveness, He will help us. . . . Only as we rid ourselves of hatred and bitterness can the Lord put comfort into our hearts.” How can we forgive when we still hurt so much? How do we replace pain with charity, the pure love of Christ that allows us to sincerely forgive? How can we help young women to truly understand that they are daughters of God? How do we teach young women that knowing their divine identity brings confidence, happiness, and peace? How can we teach them to tune out the world and listen to God?

Rohan Shearer—husband, father; bishop; former seminary teacher

Kay Houghton Timothy—wife, mother, grandmother; Relief Society president; retired schoolteacher

2260 CONFERENCE CENTER (CONF)
11:00 a.m.–noon

13 • Concejos familiares: Un modelo celestial
El presidente M. Russell Ballard enseña: “En estos tiempos peligrosos, las familias que tienen éxito se edifican con una amplia diversidad de herramientas, y una de las más útiles en la caja de herramientas es el consejo familiar”. Los consejos familiares son un momento para planificar, compartir las cargas y alegrías de los miembros de la familia y evaluar nuestro progreso espiritual a medida que seguimos el consejo del Señor: “… razonemos juntos para que entendáis” (Doctrina y Convenios 50:10). El presidente Ezra Taft Benson enseñó que cuando llevamos a cabo concejos familiares, “imitamos en nuestro hogar un modelo celestial”. ¿Cuáles son los principios que deben gobernar los consejos familiares? ¿Cuáles son los diferentes tipos de concejos que se podrían llevar a cabo en una familia? ¿Qué bendiciones se pueden obtener al deliberar juntos en concejo como familia?

Tammy Chacón—esposa, madre; pianista suplente; maestra de la Primaria; líder de Días de Actividades; originaria de México

Moisés D. Chacón—esposo, padre; entrenador de crecimiento personal; consejero de obispado; originario de Venezuela

Concurrent Sessions
12:30–1:30 p.m.

MARRIOTT CENTER (MC)
12:30–1:30 p.m.

14 • Strengthening Young Women: Believe in Your Divine Identity
The Young Women theme teaches, “We are daughters of our Heavenly Father, who loves us, and we love Him.” This theme identifies the real center on which young women’s worth and identity should be founded. Sister Neill F. Marriott said, “He values us. He loves us. Each daughter of God is beloved by Him and He desires to see us all succeed.” Many voices are telling young women where their value should lie. It is easy for them to be distracted from the source of their true identity. How can we help young women to truly understand that they are daughters of God? How do we teach young women that knowing their divine identity brings confidence, happiness, and peace? How can we teach them to tune out the world and listen to God?

Young Women General Presidency
Women’s Conference Sessions

SMITH FIELDHOUSE (SFH)  
12:30–1:30 p.m.

15 • “More Strength to O’ercome” (*Hymns*, no. 131): Dealing with Failure

Sometimes we struggle when things in life don’t quite turn out the way we hoped. This can create feelings of inadequacy, remorse, pain, and frustration. President Kevin J. Worthen counsels, “I urge you—in your moments of doubt and despair, in the times when you think you have failed and you think you can’t make it right—to focus more on Him and less on yourselves. . . . He gave His Son so that we might move forward in our quest for perfection with full confidence and assurance that we will succeed despite our failures.” Why is it important to learn that all experiences work together for our good? How can we place our trust in the Lord instead of allowing frustration to be our focus? What blessings can we receive as we address with faith the less-than-ideal circumstances that come our way? When others have feelings of inadequacy, how can we strengthen them in the Lord?

**Barbara Thompson**—sister, aunt; Relief Society president; former counselor, Relief Society general presidency  
**Mary Ellen Edmunds**—author; nurse; former director of training, Provo MTC; former member, Relief Society general board

3220–3224 WILKINSON STUDENT CENTER (WSC)  
12:30–1:30 p.m.

17 • “What Thoughts Christ of Me?”

Elder Neil L. Andersen teaches, “Discipleship is not a competition at all but an invitation to all . . . . Wherever you now find yourself on the road of discipleship, you are on the right road, the road toward eternal life.” He continues, “As you ask, ‘What thinks Christ of me?’ you will know that you are His disciple; you are His friend. By His grace He will do for you what you cannot do for yourself.” The scriptures assure us, “All things are possible to him that believeth” (Mark 9:23). How can we avoid the trap of comparing our road of discipleship to others? How do we seek for continual improvement without becoming discouraged? How do we feel the love and the strength of the Lord as we live our mortal, imperfect lives? How do we move forward with hope and faith as we consider the question, “What thinks Christ of me?”

**Jana Starr**—daughter, sister, wife, mother; lover of all things service; worker, learner, teacher, seeking and stumbling on joy  
**Mark Ogletree**—husband, father, grandfather; associate professor, Church History and Doctrine, BYU; professional counselor

BALLROOM, WILKINSON STUDENT CENTER (WSC)  
12:30–1:30 p.m.

16 • “The Highest and Noblest Work” of Motherhood

Motherhood is both exhilarating and exhausting. President Gordon B. Hinckley taught, “To rear children in an atmosphere of love, security, and faith is the most rewarding of all challenges. The good result from such efforts becomes life’s most satisfying compensation.” Elder Jeffrey R. Holland testifies reassuringly, “No love in mortality comes closer to approximating the pure love of Jesus Christ than the selfless love a devoted mother has for her child.” President Russell M. Nelson states, “. . . the highest and noblest work in this life is that of a mother” How can we learn to enjoy these precious moments of motherhood with our children? How can we overcome the perception that we need to be perfect and complete everything on our to-do list to be successful and happy mothers? How can we draw on the power of the Lord to strengthen us in our daily challenges?

**Rebekah Dieter**—wife, mother, Laurel advisor  
**Kara Murri**—wife, mother; ward librarian

DE JONG CONCERT HALL, HARRIS FINE ARTS CENTER (HFAC)  
12:30–1:30 p.m.

18 • Promises and Power of the Book of Mormon

President Thomas S. Monson implored “each of us to prayerfully study and ponder the Book of Mormon each day.” He promises that “as we do so, we will be in a position to hear the voice of the Spirit, to resist temptation, to overcome doubt and fear, and to receive heaven’s help in our lives.” President Russell M. Nelson further testifies of the power of the Book of Mormon when he says, “The truths of the Book of Mormon have the power to heal, comfort, restore, succor, strengthen, console, and cheer our souls.” How can studying the Book of Mormon help us to experience the transformative power of the Savior in our lives? How can pondering the Book of Mormon provide refuge and answers in times of fear, doubt and difficulty? What does the Book of Mormon teach us about the power of keeping covenants?

**John Anderson**—husband, father, counselor, stake presidency; works for LDS Philanthropies  
**Ilona Hunsaker**—wife, mother, joyful new grandmother; 20+ years teaching the scriptures to the youth and still learning from the miracle of God’s word
AUDITORIUM, JOSEPH SMITH BUILDING (JSB)
12:30–1:30 p.m.
19 • “A Plea to My Sisters”: Answering the Challenge

The women of the Church have been challenged to action. President Russell M. Nelson declares, "We, your brethren, need your strength, your conversion, your conviction, your ability to lead, your wisdom, and your voices. . . . The kingdom of God is not and cannot be complete without women who make sacred covenants and then keep them, women who can speak with the power and authority of God! . . . We need women who have a bedrock understanding of the doctrine of Christ. . . ." President Boyd K. Packer testified, "We need women who know how to make important things happen by their faith and who are courageous defenders of morality and families in a sin-sick world." President Nelson concludes, "... I plead with my sisters of The Church of Jesus Christ of Latter-day Saints to step forward! Take your rightful and needful place in your home, in your community, and in the kingdom of God—more than you ever have before. . . . As you do so, the Holy Ghost will magnify your influence in an unprecedented way!"

What does it mean to have a bedrock understanding of the doctrine of Christ? How can we seek the strength of the Lord to fulfill our important roles in the kingdom? How will the Holy Ghost magnify our influence as we act upon this challenge?

Bobbi Deere—wife, mother, grandmother; MBA; served with husband when he presided over the Spain Málaga mission; currently serving in ward Relief Society presidency

Jenny Reeder—aunt, sister, friend; women’s historian at the Church History Department; currently serves as ward Relief Society president

ASSEMBLY HALL, HINCKLEY CENTER (HC)
12:30–1:30 p.m.
20 • Hope and Direction for Early-Returning Missionaries

Though rewarding, missionary service is physically, emotionally, and spiritually demanding, and sometimes, for varying reasons, some elders and sisters return home early. When this happens, there may be feelings of uncertainty, failure, anger, and disappointment. Elder Jeffrey R. Holland teaches, "... let us remember that through any illness or difficult challenge, there is still much in life to be hopeful about and grateful for. We are infinitely more than our limitations or our afflictions!" How can we support those who return early for whatever reason? How do we strengthen missionaries who are sent home early due to worthiness issues? How do we support the families of these missionaries in the Lord? How do we help early-returning missionaries move forward with purpose, hope, and optimism for their futures?

Linda Wilson—wife, mother, grandmother; CSW (therapist), LDS Family Services; served mission in Venezuela

Becky Poulter—sweetheart, mother, grandmother; stake Relief Society president

Paul W. Salisbury—husband, father, grandfather; former president, West Virginia Charleston mission; financial investment advisor

PARDOE THEATRE, HARRIS FINE ARTS CENTER (HFAC)
12:30–1:30 p.m.
21 • Improving Our Discipleship by Making and Keeping Temple Covenants

Attending the temple is a glorious privilege that brings heavenly power into our lives. Elder David A. Bednar teaches, "A temple literally is the house of the Lord, a sacred space specifically set apart for worshipping God and for receiving and remembering His great and precious promises. . . . A principal purpose of the temple is to elevate our vision from the things of the world to the blessings of eternity." President Thomas S. Monson promised, "As we attend the temple, there can come to us a dimension of spirituality and a feeling of peace which will transcend any other feeling which could come into the human heart."

How does attending the temple and making and keeping covenants make us powerful disciples? How can we teach others, especially our children, the importance of temple attendance? How can we make our temple worship more meaningful?

Erica Brown—realtor; former seminary teacher; former stake Young Women counselor, former Primary and Relief Society president

Jana Cherrington—wife, mother; public affairs director; scientist
**Women’s Conference Sessions**

**MADSEN RECITAL HALL, HARRIS FINE ARTS CENTER (HFAC)**
12:30–1:30 p.m.

22 • “The Needs before Us”

President M. Russell Ballard observes that God’s purposes are "generally achieved by the small and simple things we do for one another." Sister Bonnie L. Oscarson asks, "What good does it do to save the world if we neglect the needs of those whom we love the most? How much value is there in fixing the world if the people around us are falling apart and we don’t notice?” The Brother of Jared took small stones to God and prayed for light (Ether 2:23). Like him, sometimes we feel that our offering to others is only a small pile of stones, but Christ can magnify our offerings into something greater. How can we use our abilities to strengthen others in the Lord? Why does closeness to Christ help us see the needs before us? How does He help us love and serve others?

Joyce Andrus—wife, mother, grandmother; Sunday School teacher; Salt Lake Temple organist; former member, Women’s Conference service subcommittee; Women’s Conference committee member

Jacky Stokes—wife, mother; retired; former counselor in Relief Society in correctional facility branch

**VARSITY THEATRE, WILKINSON STUDENT CENTER (WSC)**
12:30–1:30 p.m.

23 • The Journey to Healing from Sexual Abuse

Survivors of sexual abuse are not defined by what happened to them, nor was it their fault. How can we be supportive as they begin the journey to recovery and regain dignity and control in their lives? Elder Richard G. Scott taught, “...secure healing comes through the power of the Atonement of Jesus Christ to rectify that which is unjust. Faith in Jesus Christ and in His power to heal provides the abused with the means to overcome the terrible consequences of another’s unrighteous acts. ... As you conscientiously study the Atonement [of Jesus Christ] and exercise your faith that Jesus Christ has the power to heal, you can receive the same blessed relief. During your journey of recovery, accept His invitation to let Him share your burden until you have sufficient time and strength to be healed.” What does the journey to recovery look like on a day-to-day basis? How is it empowering to see oneself as a “survivor” rather than a “victim” of sexual abuse? When we discover that a loved one has been abused, how should we initially respond? How can we provide long-term support for recovery? How can we strengthen the survivor’s faith in the Lord and His promises?

Lisa M. Leavitt—daughter, sister, aunt; stake Relief Society president; doctorate in counseling psychology; victim advocate for sexual assault victims at BYU

Julie L. Valentine—wife, mother; stake Young Women’s president; national and international authority on sexual violence; assistant professor, BYU College of Nursing

**2254 CONFERENCE CENTER (CONF)**
12:30–1:30 p.m.

24 • Using Social Media to Uplift Others

“Social media gives us a way to share simple messages of goodness and truth” (#ShareGoodness on lds.org). Sister Sharon Eubank counsels us, “Use your voice and your power to articulate what you know and feel—on social media.” We can make a difference in others’ lives by expressing our beliefs and testimony online. As President Dieter F. Uchtdorf teaches, “With the blessings of modern technology, we can express gratitude and joy about God’s great plan for His children in a way that can be heard ... around the world. Sometimes a single phrase of testimony can set events in motion that affect someone’s life for eternity.” What are the most effective ways to convey gospel messages via social media? How do we avoid negative humor, arguments, or degrading comments online? How can we use social media to share our testimony in powerful but simple ways? How can we uplift others through social media using the available resources on lds.org?

Rhonna Farrer—wife, mother; family history and social media missionary; strives to uplift and inspire others on social media

Brooke Romney—wife, mom; writer and speaker; writes about real life with a hopeful twist; strives to empower, inspire and connect her readers to God’s goodness in their everyday lives
**BALLROOM, HARMAN BUILDING (HCEB)**
12:30–1:30 p.m.

**25 • The Family Proclamation: The Family Is of God**

“This generation will be called upon to defend the doctrine of the family as never before. If they don’t know the doctrine, they can’t defend it,” taught Sister Julie B. Beck. Sister Bonnie L. Oscarson shared three principles in “The Family: A Proclamation to the World” that need teaching and defending: “The first is marriage between a man and a woman. . . . The next . . . is elevating the divine roles of mothers and fathers. . . . The last principle we need to stand and defend is the sanctity of the home.” How can we continue to use the principles from the Proclamation to teach our families and strengthen our homes? How will understanding the Proclamation increase our faith in God and bless our families? What enduring principles help us to weather today’s assaults on the sanctity of life, marriage, and family relationships?

**Julie Haupt**—mother; adjunct faculty, BYU School of Family Life; president of Celebrating Arts, a performance exchange organization with US and China

**Susan H. Porter**—mother, grandmother; member, Relief Society general board; served in Frankfurt and Moscow with husband Bruce, who served in Area Presidencies as a Seventy

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**2260 CONFERENCE CENTER (CONF)**
12:30–1:30 p.m.

**26 • “Las necesidades ante nosotros”**

El presidente M. Russell Ballard observa que el propósito de Dios “generalmente se logra mediante las cosas pequeñas y sencillas que hacemos unos por otros.” La hermana Bonnie L. Oscarson pregunta: “¿De qué sirve salvar al mundo si descuidamos las necesidades de aquellos . . . a quienes más amamos? ¿Qué vale arreglar el mundo si las personas que nos rodean están en dificultades y no nos damos cuenta?” El hermano de Jared llevó pequeñas piedras a Dios y en oración pidió luz (Éter 2:23). Como él, en ocasiones sentimos que nuestra ofrenda es solo una pequeña pila de piedras, pero Cristo puede magnificarla a fin de convertirla en algo mayor. ¿Cómo podemos utilizar nuestras habilidades para fortalecer a los demás en el Señor? ¿Por qué el tener una relación estrecha con Cristo nos ayuda a ver las necesidades ante nosotros? ¿De qué manera nos ayuda Él a amar y a prestar servicio a los demás?

**Cecy Alomia**—esposa, madre, abuela; asesora de Mujeres Jóvenes; ex presidenta de la Primaria; intérprete para el sistema judicial del estado de Utah

**Carla Montesino**—esposa de obispo, madre de misionero; graduada de BYU; traductora; ha servido en todas las organizaciones auxiliares; ¡ama la Primaria y su música!
Women’s Conference Sessions

Concurrent Sessions 2:00–3:00 p.m.

MARRIOTT CENTER (MC) 2:00–3:00 p.m.

27 • “I Can Do All Things through Christ Which Strengtheneth Me” (Philippians 4:13)

Elder Quentin L. Cook declared, “One of the essential doctrines illuminated by the Restoration is that there must be opposition in all things for righteousness to be brought to pass. This life is not always easy, nor was it meant to be; it is a time of testing and proving.” Elder Stanley G. Ellis teaches, “Each of us may have a different opinion about what is hard. . . . Regardless of the issue, hard can be good for those who will move forward with faith and trust the Lord and His plan. The Doctrine and Covenants teaches us, “Be thou humble; and the Lord thy God shall lead thee by the hand, and give thee answer to thy prayers” (Doctrine and Covenants 112:10). How do we face hard things, whether they be church callings, counsel from church leaders, or the challenges of mortality? How do we draw strength from the Atonement of Jesus Christ when we face hard things? How does facing hard things with faith make us stronger? How do we accept His hand with humility, knowing we need His divine help?

Jan Zwick—wife of Craig Zwick (emeritus General Authority Seventy), mother, grandmother; former Young Women general board member

W. Craig Zwick—husband, father, grandfather; emeritus General Authority Seventy; former Area President; former mission president

SMITH FIELDHOUSE (SFH) 2:00–3:00 p.m.

28 • Teaching Children to Deal with Bullying

Bullying permeates our culture in many different social settings. It includes contention, exclusion, resentment, and revenge. Preparing your children to deal with being bullied and to avoid being a bully can help them effectively interact in their families, churches, schools, and neighborhoods. President Dieter F. Uchtdorf counsels, “When it comes to hating, gossiping, ignoring, ridiculing, holding grudges, or wanting to cause harm . . . stop it!” Children and teens can learn and demonstrate effective strategies that can help them be kinder, more inclusive adults. How can parents act effectively when their child is being bullied? What strategies should children be taught if they are being bullied? How do we teach our children to be kind and inclusive, and to avoid participation in bullying? How can we teach children to safely reach out to those who are participating in bullying behavior?

Janeen Graham—wife, mother, grandmother; teaches Marriage and Family Sunday School class with husband; retired school teacher; Women’s Conference committee member

Hank Smith—husband, father; member, stake high council; MBA, PhD; assistant teaching professor, Ancient Scripture, BYU; author

BULLEted, WILKINSON STUDENT CENTER (WSC) 2:00–3:00 p.m.

29 • A People Prepared to Meet Christ

President Henry B. Eyring stated, “We know something of what a place must be like for the glorified Savior to feel perfectly at home. . . . His plan of redemption has always required men and women to consecrate all they have and all they are to the service of God. They covenant to do that. And then He tests them to see how sincere they are and how much they are willing to sacrifice. That test may be different for each of us, tailored for us alone, but it will be enough for the Master to prove our hearts.” Amulek teaches, “This life is the time for men to prepare to meet God; yea, behold the day of this life is the day for men to perform their labors” (Alma 34:32). Brother Devin Durrant reflects that since this preparation is the purpose of our life, we might ask, “What am I doing each day, each week, and each month to prepare for that wonderful reunion with our Heavenly Father?” How can we live in such a way that we are looking forward to the Savior’s return with joyful anticipation? How can faithful observance of our covenants help us become a people prepared to meet Christ at any hour of any day?

Carol May—wife, mother, grandmother; former YSA stake Relief Society president; served with husband when he presided over the Chile Santiago North mission; current school counselor

Michael May—husband, father, grandfather; YSA stake president; former president, Chile Santiago North mission; convert; previous BYU basketball guard
30 • The Doctrine of Inclusion: Who Is My Neighbor?
The two great laws are to love God and love our neighbor as ourselves. The parable of the Good Samaritan teaches us that everyone is our neighbor. President M. Russell Ballard teaches, “If we are truly disciples of the Lord Jesus Christ, we will reach out with love and understanding to all of our neighbors at all times . . . [and] teach [our] children and practice [ourselves] the principle of inclusion of others and not exclusion because of religious, political, or cultural differences. . . . It has never been the policy of the Church that those who choose not to listen or to accept our message should be shunned or ignored. Indeed, the opposite is true.” How can we be more inclusive towards others and be of service to them while also keeping God and His commandments first in our lives? How do we foster friendships with neighbors of other faiths? How do we find and build on shared common ground in order to tackle difficult issues?

Melissa Breiter—wife, mother; Young Women camp director; former ward and stake Primary president
Jennifer Hernandez—mother, friend; freelance humanitarian volunteer; singles friendship group facilitator; builder of Zion; least of all, an attorney

32 • Speak, Listen, and Love: Communication in Marriage
Our words have power to build up or to destroy. Paul emphasizes the importance of words to the Ephesians: “Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers” (Ephesians 4:29). President Russell M. Nelson teaches, “Taking time to talk is essential to keep lines of communication intact. If marriage is a prime relationship in life, it deserves prime time! Yet less important appointments are often given priority, leaving only leftover moments for listening to precious partners.” How do we develop positive communication skills that strengthen one another in the Lord? How does it affect our communication when our focus is on what is right rather than on who is right? How can we communicate in ways that build and affirm our commitment to our spouse?

Teri L. Taggart—wife, mother, grandmother; kindergarten teacher; ecclesiastical sister, Provo MTC; 40 years of marriage; served with husband when he presided over the California Anaheim mission
Steven W. Taggart—husband, father, grandfather; associate dean, BYU Continuing Education; branch president, Provo MTC; 40 years of marriage; former president, California Anaheim mission
Women’s Conference Sessions

**ASSEMBLY HALL, HINCKLEY CENTER (HC)**
2:00–3:00 p.m.

33 • “The Hope of God’s Light”

Living in a fallen world can be discouraging at times. President Dieter F. Uchtdorf counseled, “It is part of our condition as mortal beings to sometimes feel as though we are surrounded by darkness. . . But even though we may feel lost in the midst of our current circumstances, God promises the hope of His light—He promises to illuminate the way before us and show us the way out of darkness.” Jesus Christ teaches, “I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life” (John 8:12). How can we find the light of hope amidst the darkness of trials? How can we learn from our discouragements, and recognize the blessings and growth that challenges bring? How can strengthening others through service bring more hope in our lives?

**Memnet P. Lopez**—wife, mother, grandmother; convert from the Philippines and Guam; missionary in Illinois Chicago mission; served with husband when he presided over the Philippines Bacolod mission; member, Relief Society general board

**Julia Klebingat**—wife of Jörg Klebingat of the Seventy, mother, grandmother; convert; born in Latvia; master’s in education; mission in Kiev

**MADSEN RECITAL HALL, HARRIS FINE ARTS CENTER (HFAC)**
2:00–3:00 p.m.

35 • Teaching Healthy Sexuality and Gender Roles

“As parents, we are to be the prime gospel teachers and examples for our children. . . When all is said and done, the home is the ideal forum for teaching the gospel of Jesus Christ,” observes Brother Tad R. Callister. Healthy sexual intimacy and gender roles are part of those teachings. “The Family: A Proclamation to the World” teaches, “Gender is an essential characteristic of individual premortal, mortal, and eternal identity and purpose.” Rather than allowing the media or outside influences to teach children, parents need to teach correct doctrine boldly and plainly. How can we proactively prepare our children to handle messages that conflict with the principles outlined in the Family Proclamation? How do we create a loving, ongoing open dialogue about the topic of sexuality and gender with our children?

**Jenet Jacob Erickson**—wife, mother; newspaper columnist; affiliated scholar, Wheatley Institution, BYU; former assistant professor, BYU School of Family Life

**Christy Kane**—mother; PhD, CMHC; CEO, TotumLink.com; former Young Mother of the Year 2000; author; speaker

**PARDOE THEATRE, HARRIS FINE ARTS CENTER (HFAC)**
2:00–3:00 p.m.

34 • “That Your Joy Might Be Full” (John 15:11)

During our mortal journey we experience joys, sorrows, and everything in between. Sister Jean B. Bingham teaches us that “lasting joy is found in focusing on our Savior, Jesus Christ, and living the gospel as demonstrated and taught by Him. The more we learn about, have faith in, and emulate Jesus Christ, the more we come to understand that He is the source of all healing, peace, and eternal progress.” Why is it important to know the difference between lasting joy and short-term happiness? How does the gospel help us feel continuous joy even amidst sorrow? How does centering our life on Jesus Christ help us find joy in our circumstances, whatever they may be?

**Maria Eckersley**—wife, mother; business owner; Personal Progress coordinator; rookie cancer wife and avid joy seeker

**Leisa Magee**—follower of Christ in her roles as wife, mother, school librarian, job coach, tutor, editor, and co-nursery leader with her husband

**VARSITY THEATRE, WILKINSON STUDENT CENTER (WSC)**
2:00–3:00 p.m.

36 • Teaching Children the Value of Work

Teaching our children good work attitudes, habits, and skills will help them learn to become better disciples. It will bring them an increased sense of self-worth. Elder Neal A. Maxwell stated, “The gospel of work is a very important teaching of the Church. If we learn to work early in life we will be better individuals, better members of families, better neighbors, and better disciples of Jesus Christ, who Himself learned to work as a carpenter.” Likewise President David O. McKay taught, “Let us realize that the privilege to work is a gift, that the power to work is a blessing, that love of work is success.” As Elder Maxwell observed, “We need to know how to work for another reason: even our Heavenly Father’s work is really work.” How can we help our children develop self-discipline, responsibility, and dependability? How can we help children experience the importance and blessings of work? How can we help children feel the joy of true accomplishment?
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Learn how to find common ground and be effective in promoting religious freedom. Leading religious freedom experts will discuss religion and the common good, providing insights on what religious freedom is, why it matters, and how to articulate your beliefs with those of differing opinions. Everyone welcome!

Join us June 20–21, 2018
on BYU campus

Keynote speaker: Elder L. Whitney Clayton of the Presidency of the Seventy of The Church of Jesus Christ of Latter-day Saints

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Venues, Shuttles, and Dining Services Map

CONF/HCEB ......................... Conference Center/Harman Building
HC ................................. Hinckley Visitors Center
HFAC .............................. Harris Fine Arts Center
JRCB .............................. J. Reuben Clark Building
JSB ................................. Joseph Smith Building
MC ................................. Marriott Center
RB ................................. Richards Building
SFH ................................. Smith Fieldhouse
WSC .............................. Wilkinson Student Center

Courtesy shuttles run the routes shown below to the stops indicated with stars.

Morning shuttles (from housing/parking to the Marriott Center):
- **YELLOW**, **BLUE**, and **BROWN** routes on both days from 7:30 to 9:30 a.m.

Daytime shuttles (on constant rotation from Marriott Center out to venues and back):
- **YELLOW**, **RED**, **GREEN**, **ORANGE**, and **PINK** routes on both days from 9:30 a.m. to 4:00 p.m.
- Limited shuttles will also run the **BLUE** and **BROWN** routes during both days.

Evening shuttles (on constant rotation to and from Marriott Center and service projects, concert, housing, and parking):
- **BLUE**, **BROWN**, **RED,** and **YELLOW** routes on Thursday from 4:00 to 11:00 p.m.
- **BLUE**, **BROWN**, **RED,** and **YELLOW** routes on Friday from 4:00 to 6:00 p.m.
- *The **RED** route on Thursday evening will only run until 8:00 p.m.*

Please continue to exhibit kindness, consideration, and patience when parking and using the shuttle service. Your actions can and do affect the experiences of other attendees and university employees assisting with the conference.
### The Commons

Come enjoy a great dining experience at The Commons. We offer all-you-care-to-eat from six different food platforms, which include the following: a salad and fruit bar, pasta, entree choices, burgers, soups, waffles, desserts, and more. For more information, visit: dining.byu.edu/cannon

**LOCATION:** Helaman Halls, Cannon Commons  
**WOMEN’S CONFERENCE HOURS:**  
Thu.–Sat. (Breakfast) 6:30–9:00 a.m.  
Thu.–Fri. (Lunch) 11:00 a.m.–1:30 p.m.  
Wed.–Fri. (Dinner) 4:30–7:30 p.m.

### Concessions

Don’t lose your parking spot to drive around looking for a restaurant. Stay at the Marriott Center and enjoy great food without the hassle. Choose from sandwiches, entrées, salads, BYU brownies, and more. Also enjoy food booths from outside restaurants and food trucks. For more information, visit: dining.byu.edu/concessions

**LOCATION:** Marriott Center  
**HOURS:**  
Thu. 7:30 a.m.–8:30 p.m.  
Fri. 7:30 a.m.–5:30 p.m.

### Cougar Great

Social gatherings and great food fill the Cougargreat. You’ll find Aloha Plate, Subway, Chick-fil-A, Grab & Go, L&T Produce, Scoreboard Grill, Papa John’s, Cougar Café, Jamba Juice, Cougar Express, and Taco Bell. For more information, visit: dining.byu.edu/cougargreat

**LOCATION:** Wilkinson Student Center  
**HOURS:**  
Mon.–Fri. 7:30 a.m.–9:00 p.m.

### Concessions

Located off University Parkway, Campus Floral is a convenient choice for all of your floral needs. Pick up fresh flowers for any occasion. When you really want to impress, pair flowers with any of our fine jewelry or other assorted gifts. We deliver anywhere in the continental United States. Please visit: campusfloral.byu.edu

**LOCATION:** Student Athlete Building  
**HOURS:**  
Thu. 11:00 a.m.–4:00 p.m.  
Thu. Buffet 5:00 p.m.–7:30 p.m.  
Fri. 11:00 a.m.–2:00 p.m.

### Skyroom

Enjoy a spectacular view of campus while you partake of our chef-inspired international buffet at our national-award-winning restaurant located on the sixth floor of the WSC. To see what menu the Chef has created, visit: dining.byu.edu/skyroom

**LOCATION:** Wilkinson Student Center, 6th floor  
**HOURS:**  
Thu.–Fri. 11:00 a.m.–2:00 p.m.

### Twilight Zone

The Twilight Zone offers an enticing selection of breakfast, lunch, and dinner options available early and late. Find delicious sandwiches, pizza, chips, drinks, and more. Whether you are looking for a snack or a meal, or you need that toothbrush, shampoo, or Kleenex that you forgot to pack, you’ll find it here! Please visit: byustore.com

**LOCATION:** Southwest corner of the BYU Store  
**HOURS:**  
Wed. 7:45 a.m.–6:00 p.m.  
Thu. 7:45 a.m.–8:00 p.m.  
Fri. 7:45 a.m.–8:00 p.m.  
Sat. 10:00 a.m.–6:00 p.m.

### BYUstore

Low-priced milk, fresh bread, and famous Creamery ice cream are just a quick walk away at the creameries at Wyview, Helaman Halls, and the Creamery Outlet. Enjoy friendly service and other delicious dairy and snack items. For more information, visit: dining.byu.edu/creamery

**LOCATION:** BYU Creamery Outlet: Located in the Culinary Support Center Mon.–Sat. 8:00 a.m.–7:00 p.m.  
**HOURS:**  
Wilhelm Student Center  
Thu. 8:00 a.m.–8:00 p.m.  
Fri. 8:00 a.m.–7:00 p.m.  
Student Athlete Building  
Thu. 10:00 a.m.–8:00 p.m.  
Fri. 10:00 a.m.–4:00 p.m.

### Jamba Juice

Enjoy refreshing Jamba Juice any time of day. Choose from a variety of delicious fruit combinations. For menu information, visit: dining.byu.edu/jambajuice

**LOCATIONS:**  
8a–Wilkinson Student Center, 2nd floor  
8b–Student Athlete Building  
**HOURS:**  
Wilkinson Student Center  
Thu. 8:00 a.m.–8:00 p.m.  
Fri. 8:00 a.m.–7:00 p.m.  
Student Athlete Building  
Thu. 10:00 a.m.–8:00 p.m.  
Fri. 10:00 a.m.–4:00 p.m.

### MOA Café

Enjoy lunch and appeal to your finer tastes with quiches, fruit, sandwiches, salads, soups, breads, and entrees at this bistro cuisine café located in the Museum of Art. For more information, visit: dining.byu.edu/moa_cafe

**LOCATION:** Museum of Art  
**HOURS:**  
Thu. 10:30 a.m.–7:00 p.m.  
Fri. 10:30 a.m.–5:00 p.m.
Liz Casperson—wife, mother; BYU graduate; elementary school teacher; missionary mom; Primary chorister, cubmaster and ward choir advisor; loves family, children, friends, and travel

Susan H. Christensen—wife, mother, grandmother; BYU graduate; blogger; reading volunteer

2254 CONFERENCE CENTER (CONF)
2:00–3:00 p.m.

37 • Overcoming Addictions through Strength in the Savior

Enslaving habits and addictions can reduce or limit one’s agency. Family members can face heavy burdens of worry, hurt, and hopelessness caused by the addictions of their loved one. The Savior promised hope when He said, “Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid” (John 14:27). The Atonement of Jesus Christ enables recovery from addiction. Benjamin R. Erwin of LDS Family Services teaches, “...there is hope in Christ. He is the hope of recovery.” What are the patterns that signal that a habit is becoming an addiction? How do we create open communication to enable recovery? How can gospel principles sustain us in the process of change? When do we need to seek professional help for others or ourselves?

Lisa Packer—wife, mother, sister, friend; the most ordinary person who has had experiences with loved ones’ addictions

Brian Willoughby—husband, father; associate professor, BYU School of Family Life; expert in healthy relationship formation and family process

2260 CONFERENCE CENTER (CONF)
2:00–3:00 p.m.

39 • La seguridad amorosa y misericordiosa que brinda el Señor

El élder David A. Bednar enseña: “... las entrañables misericordias del Señor son las sumamente personales individualizadas bendiciones, la fortaleza, la protección, la seguridad, la guía, la amorosa bondad, el consuelo, el apoyo y los dones espirituales que recibimos del Señor Jesucristo.” Al sentírnos agradecidos por esas tiernas misericordias nunca debemos olvidar que las recibimos gracias a la misericordia de Jesucristo. ¿En qué forma reconocemos la mano misericordiosa del Señor en nuestra vida? ¿De qué manera las tiernas misericordias que el Señor nos ha mostrado en el pasado nos ayudan a obtener fortaleza para los desafíos de la actualidad? ¿Cómo se fortalecen nuestra fe y confianza en el Señor a medida que reconocemos Su mano misericordiosa en nuestra vida? ¿En qué forma eso nos ayuda a ser más “poderosos” en los momentos de prueba? (1 Nefi 1:20).

Rosa Corbett—esposa, madre, abuela; consejera de Mujeres Jóvenes de estaca; ex misionera; graduada de BYU; originaria de El Salvador

Ximena Cevallos Iglesias—esposa, madre; maestra de Doctrina del Evangelio; ex consejera de Sociedad de Socorro; originaria de Ecuador

we equally love each child in a blended family and teach children to love, respect, and accept each other? How do we avoid labeling “his,” “hers,” and “ours” and build unity? How do we center on Christ as we build a strong blended family?

Lisa Clark—wife, mother, grandmother; former ward Primary president and stake Young Women president

Leslie Huntsman Dyches—wife, mother, homemaker; team teaches Sunday School with hubby; widowed, married widower, raising eight children together (3 hers, 5 his), married 1½ years
Women’s Conference Sessions

Thursday Afternoon General Session

MARRIOTT CENTER (MC)
3:45–5:00 p.m.

“That We May All Sit Down in Heaven Together” (Lucy Mack Smith)

Reyna I. Aburto—wife, mother, grandmother; second counselor, Relief Society general presidency; former member, Primary general board; translator; native of Nicaragua

Sharon Eubank—first counselor, Relief Society general presidency; former member, Relief Society general board; director of LDS Charities

Jean B. Bingham—wife, mother, grandmother; Relief Society general president; former first counselor, Primary general presidency; former member, Primary general board; former English as a Second Language teacher

Friday Morning General Session

MARRIOTT CENTER (MC)
9:00–10:15 a.m.

“That We May All Sit Down in Heaven Together” (Lucy Mack Smith)

Reyna I. Aburto—wife, mother, grandmother; second counselor, Relief Society general presidency; former member, Primary general board; translator; native of Nicaragua

Sharon Eubank—first counselor, Relief Society general presidency; former member, Relief Society general board; director of LDS Charities

Jean B. Bingham—wife, mother, grandmother; Relief Society general president; former first counselor, Primary general presidency; former member, Primary general board; former English as a Second Language teacher

Concurrent Sessions
11:00 a.m.–noon

MARRIOTT CENTER (MC)
11:00 a.m.–noon

40 • The Watchman on the Tower: Listen to a Prophet’s Voice

“I have set thee a watchman unto the house of Israel; therefore thou shalt hear the word at my mouth, and warn them from me” (Ezekiel 33:7). Elder Bruce R. McConkie warned, “. . . surely in the days ahead there will be times when nothing but the wisdom of God, descending from heaven and flowing forth from prophetic lips, will be able to save his people.” Sister Carol F. McConkie further testifies, “Following the prophet is always right. . . . May we choose to stand with the prophets and live according to their words.” How are the prophets and apostles like “watchmen on the tower”? How does following the prophets’ counsel bless and protect our lives and the lives of others? How can we support those we sustain as prophets, seers, and revelators?

Nancy Maynes—wife of Elder Richard J. Maynes of the Seventy, mother, grandmother; convert at age 23

Kathy S. Andersen—wife of Elder Neil L. Andersen of the Quorum of the Twelve, mother, grandmother; originally from Tampa, Florida
SMITH FIELDHOUSE (SFH)  
11:00 a.m.–noon  

41 • Believing in and Accepting the Atonement of Jesus Christ in Our Daily Lives

President James E. Faust taught, “Our salvation depends on believing in and accepting the Atonement [of Jesus Christ]. Such acceptance requires a continual effort to understand it more fully.” President Faust further explained, “Any increase in our understanding of His atoning sacrifice draws us closer to Him.” We all experience guilt, loss, pain, inadequacy, and more. However, we have hope for forgiveness, strength, and salvation because of what Jesus Christ did for us. How does living our covenants daily bring us closer to our Savior and Redeemer and help us understand the depth and breadth of His atoning sacrifice for us? How do we strengthen our faith in Jesus Christ and allow Him to ease our burdens and heal our hearts? How do we come to accept that “all that is unfair about life can be made right through the Atonement of Jesus Christ”? ([Preach My Gospel: A Guide to Missionary Service](https://www.churchofJesusChrist.org/study/publications/preach-my-gospel-a-guide-to-missionary-service)).

Kelly Flanagan—husband, father, grandfather; vice president, Information Technology/CIO, BYU  
Linda Flanagan—wife, mother, grandmother

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BALLROOM, WILKINSON STUDENT CENTER (WSC)  
11:00 a.m.–noon  

42 • “With All the Feeling of a Tender Parent”: Teaching Children Spiritual Integrity

Sister Joy D. Jones explains, “Creating consistent habits of prayer, scripture study, family home evening, and Sabbath worship leads to wholeness, internal consistency, and strong moral values—in other words, spiritual integrity. . . . As you teach, lead, and love children, you can receive personal revelation that will aid you in creating and arming valiant, sin-resistant children.” Elder Richard G. Scott asked, “What enduring fruits will result from seeds of truth you carefully plant and thoughtfully cultivate in the fertile soil of your child’s trusting mind and heart?” He continues, “You will find correct principles in the teachings of the Savior, His prophets, and the scriptures—especially the Book of Mormon.” How can we make our homes a source of strength and a place of learning? How can we teach principles that turn our children to the Savior and lead to spiritual integrity?

Heidi Jackman—wife, mother; preschool teacher; Primary teacher; former Young Women and Relief Society president  
Jennefer H. Free—wife, mother, grandmother; member, Primary general board; former stake Young Women’s president and temple worker; 2011 chair, BYU Women’s Conference service subcommittee

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3220–3224 WILKINSON STUDENT CENTER (WSC)  
11:00 a.m.–noon  

43 • Forgiveness in Marriage: The Path to Peace and Joy

Eternal marriages can flourish where there is regular and sincere forgiveness for the mistakes and shortcomings of everyday life. These are the irritants and hassles that can occur in any relationship, not the major issues of abuse, abandonment, or infidelity. Elder D. Todd Christofferson taught that the adversary “fights to discourage marriage[s] and . . . he does what he can to disrupt them.” Through faith in our Heavenly Father and Jesus Christ we can find the strength and capacity to forgive and build trust. How can we forgive each other more quickly before small problems become great stumbling blocks? How can cultivating the fruits of the Spirit (Galatians 5:22–23) aid us in seeking and offering forgiveness to our spouses?  

Faith Cooper—wife, mother; gospel doctrine teacher; former Relief Society counselor; former PTA president; loves teaching and music  
Anna King—wife, mother; Primary worker; organizational behavior consultant; former director, Human Resource Development, BYU; community volunteer
**Women’s Conference Sessions**

DE JONG CONCERT HALL, HARRIS FINE ARTS CENTER (HFAC)  
11:00 a.m.–noon  
**44 • The Lord’s Loving and Merciful Assurance**

Elder David A. Bednar taught, “. . . the Lord’s tender mercies are the very personal and individualized blessings, strength, protection, assurances, guidance, loving-kindnesses, consolation, support, and spiritual gifts which we receive from and because of and through the Lord Jesus Christ.” In our gratitude for these tender mercies, we must never forget that they come to us because of the mercy of Jesus Christ. How do we recognize the Lord’s merciful hand in our lives? How do we draw strength for the challenges of today from the merciful things the Lord has done for us in the past? How is our faith and trust in the Lord strengthened as we recognize His merciful hand in our lives? How does this help us become mightier in times of trial? (1 Nephi 1:20).

Shauna Andrus—BS, MEd; retired high school teacher; served missions in Netherlands/Amsterdam, Utah County jail, and addiction recovery program; currently loves being a Primary teacher

Janet Rowley—wife, mother, adoring grandmother; stake Relief Society president

**Auditorium, Joseph Smith Building (JSB)  
11:00 a.m.–noon  
45 • Ministering in the Savior’s Way Brings Purpose to Our Lives**

President Thomas S. Monson taught, “I believe the Savior is telling us that unless we lose ourselves in service to others, there is little purpose to our own lives.” As we minister in the Savior’s way, Sister Silvia H. Allred explains, “Love becomes the guiding principle in our care for others.” Christlike love may require us to serve beyond our comfort zone when needs around us are more than what we think we are capable of meeting. Often this service must start where individuals are, and be based on their experiences, not on ours. What do the scriptures teach us about the Savior’s ministry to others? How can we help others, beginning where they are? In what ways can we provide the sustained ministering that may be required? How does the Spirit guide us as we seek to strengthen others in the Lord?

Julene Judd—wife, mother, mimi, sister, friend; currently serving with her husband in the Provo MTC; former Church-service missionary for the Relief Society general presidency; Mormon Channel moderator

Eric Huntsman—husband, father; professor, Ancient Scripture, BYU; temple worker; former bishop; returned missionary; member, Mormon Tabernacle Choir; author

**Assembly Hall, Hinckley Center (HC)  
11:00 a.m.–noon  
46 • “Then Holiness Is What We Seek”**

Sister Carol F. McConkie taught, “Holiness is in the striving and the struggle to keep the commandments and to honor the covenants we have made with God. Holiness is making the choices that will keep the Holy Ghost as our guide. Holiness is setting aside our natural tendencies and becoming ‘a saint through the atonement of Christ the Lord’ (Mosiah 3:19). . . . We are daughters of Heavenly Father, and each of us has a divine heritage of holiness.” Elder D. Todd Christofferson teaches, “If we yearn to dwell in Christ and have Him dwell in us, then holiness is what we seek, in both body and spirit.” How do we turn our yearning for holiness into acts of holiness? How can we leave the natural woman behind and become holy women of God? How can taking more time for holiness make us better disciples of Christ?

Susan Crockett—wife, mother; cancer survivor

Michelle Craig—wife, mother, grandmother; member, Primary general board; returned missionary; Women’s Conference committee member

**ParDOE Theatre, Harris Fine Arts Center (HFAC)  
11:00 a.m.–noon  
47 • All Have a Place in Christ’s Church**

We are encouraged as members to extend the hand of fellowship to others. Sister Carol F. McConkie teaches, “The Lord places us where we are and connects us to people around us for a purpose. . . . We cannot be or call ourselves disciples of Christ without helping others along that path.” President Dieter F. Uchtdorf counsels, “We must lift our fellow men and invite them into our circles. None should be excluded. We are brothers and sisters. We are children of God.” The Lord has said, “Be one; and if ye are not one ye are not mine” (Doctrine and Covenants 38:27). All children of God should be accepted and loved even when their path is different from our own. In what ways can we strengthen our relationships with fellow Church members who have different experiences, backgrounds, and cultures than our own? How can we build unity and love among our ward family? How can our success in achieving unity across the earth “attract the gaze of all the world in latter days” (Hymns, no. 5)?
Jenny Minster Asay—married with children; currently stake camp director and Sunday School teacher; in eternal life will be stuntwoman and symphony percussionist

Isaac Thomas—husband, father; currently serving on the high council of the YSA 11th stake in Orem; he and his wife were the first black couple to be sealed in the Salt Lake temple

MADSEN RECITAL HALL, HARRIS FINE ARTS CENTER (HFAC)
11:00 a.m.–noon

48 • Religious Freedom: A Cherished Heritage to Defend

Elder D. Todd Christofferson states, "Religious freedom is indeed under fire. And things may get worse before they get better. But these are our times. This is our moment to defend our fundamental freedoms. With courage, conviction, and civility—drawing upon our noble heritage as Americans—each one of us can make a profound difference." He added, "As people appreciate the meaningful good that stems from the exercise of religious beliefs, they will better understand why the right to exercise such beliefs should be protected." Elder Robert D. Hales taught, "As disciples of Jesus Christ we have a responsibility to work together with like-minded believers, to raise our voices for what is right." Captain Moroni and his people understood this when Amalickiah sought “to destroy the foundation of liberty”; thus, “the people came running together” to defend their freedoms (Alma 46:10, 21). How do religious freedoms impact our right to worship? How can we keep our freedom of worship from being destroyed? How do we work together with those of other faiths to defend religious liberty?

Elizabeth Clark—mother; BA in comparative literature and Russian and JD from BYU; faculty, BYU Law School; associate director, International Center for Law and Religion Studies

Hannah Clayson Smith—wife, mother; religious liberty advocate; former US Supreme Court clerk; served mission in France; public affairs and interfaith relations director

VARSITY THEATRE, WILKINSON STUDENT CENTER (WSC)
11:00 a.m.–noon

49 • “Are Ye Stripped of Pride?” (Alma 5:28)

One of the powerful teachings of the Book of Mormon is its constant warnings to avoid pride and its illustrations of the personal, family, church, and national consequences of pride. President Ezra Taft Benson described pride as “enmity, hostility to, or opposition toward God or our fellowmen.” Pride makes us seek our own will rather than the Lord’s will and can cause us to reject or ignore the counsel of the Lord and His chosen servants. How can we, through faith in Christ, conquer prideful feelings? How can we replace pride with gratitude and humility? How does overcoming pride help us become better disciples and more useful to the Lord’s work?

Bret Andrus—husband, father, grandfather; financial advisor; Salt Lake Temple ordinance worker; Gospel Principles teacher

Alison Squire—mother, grandmother; homemaker; piano teacher; Beehive advisor; sweetheart passed away last year and, through choosing faith and gratitude, she has found hope and joy

2254 CONFERENCE CENTER (CONF)
11:00 a.m.–noon

50 • The Sabbath Is a Day of Blessings

Great blessings are promised to those who renew covenants and who honor the Sabbath day. In Doctrine and Covenants 59:9, the Lord proclaims, “That thou mayest more fully keep thyself unspotted from the world, thou shalt go to the house of prayer and offer up thy sacraments upon my holy day.” Elder David A. Bednar counsels, “The ordinance of the sacrament is a holy and repeated invitation to repent sincerely and to be renewed spiritually.” He also taught, “The Sabbath is God’s time, a sacred time specifically set apart for worshipping Him and for receiving and remembering His great and precious promises.” How do we prepare to worthily partake of the sacrament? In what ways can we improve our Sabbath worship? What blessings has the Lord promised us when we faithfully observe His holy day? How can we strengthen one another through observing the Sabbath day?

Kathleen Hale—wife, mother, grandmother; served mission with family as husband presided over the Florida Fort Lauderdale mission

Eli Herring—husband, father; counselor in stake presidency; high school football coach and math teacher; former BYU football player and 1995 NFL Draft pick; returned missionary
Women’s Conference Sessions

BALLROOM, HARMAN BUILDING (HCEB)
11:00 a.m.–noon

51 • The Freedom and Strength of Self-Reliance

“Self-reliance is the ability, commitment, and effort to provide the spiritual and temporal necessities of life for self and family” (Handbook 2, 6.1.1). In Doctrine and Covenants 104:15–16, the Lord said, “And it is my purpose to provide for my saints . . . but it must needs be done in mine own way.” We receive the blessings of self-reliance when we follow the principles of self-reliance, which include faith in Jesus Christ, using time wisely, being obedient, working and taking responsibility, communicating, persevering, and having integrity (lds.org). What are the blessings of self-reliance? Why is faith an essential foundation for self-reliance? How can living the principles of self-reliance, regardless of our own current temporal condition, bring us more freedom?

Anne Carroll P. Darger—wife, mother, happy grandmother; Wellesley graduate; former newspaper religion columnist; institute instructor; 2-year self-reliance missionary in Dallas

Karen Heber—mother, grandmother, neighbor and friend; learning more through these roles each day

2260 CONFERENCE CENTER (CONF)
11:00 a.m.–noon

52 • Un pueblo preparado para recibir a Cristo

El presidente Henry B. Eyring declaró: “Sabemos algo de lo que un lugar debe ser para que el Salvador glorificado se sienta como en casa. . . . Su plan de redención siempre ha requerido que los hombres y las mujeres consagren todo lo que tienen y todo lo que son al servicio de Dios. Ellos hacen convenio de hacerlo, y luego Él los prueba para ver cuán sinceros son y cuánto están dispuestos a sacrificiar. Esa prueba puede ser diferente para cada uno de nosotros, adaptada específicamente a nuestra situación; pero será suficiente para que el Maestro pruebe nuestro corazón.” Amulek enseña: “Esta vida es cuando. . . [debemos prepararnos] para comparcer ante Dios; sí, el día de esta vida es el día en que el hombre debe ejecutar su obra” (Alma 34:32). El hermano Devin Durrant reflexiona que debido a que esa preparación es el propósito de nuestra vida, podríamos preguntar: “¿Qué estoy haciendo cada día, cada semana y cada mes a fin de prepararme para esa maravillosa reunión con nuestro Padre Celestial?” ¿Cómo podemos vivir de tal manera que estemos esperando el regreso del Salvador con gozosas esperanzas? (José Smith). ¿De qué manera la observancia fiel de nuestros convenios nos ayuda a llegar a ser un pueblo preparado para recibir a Cristo en cualquier momento de cualquier día?

Nuria M. Martinez—esposa del élder Hugo Martínez de los Setenta; abogada; pediatra; originaria de Puerto Rico

Carlos Aburto—esposo de la hermana Reyna I. Aburto de la presidencia general de la Sociedad de Socorro, padre, abuelo; consejero de obispado; traductor

Concurrent Sessions
12:30–1:30 p.m.

MARRIOTT CENTER (MC)
12:30–1:30 p.m.

53 • The Prophet Joseph: “Thy Friends Do Stand by Thee”

Each of us needs a spiritual confirmation of the life and mission of the Prophet Joseph Smith, which will serve as an anchor to our testimonies of the restored gospel. Sister Bonnie L. Oscarson teaches, “We need to have a witness that the Prophet Joseph Smith was divinely chosen and appointed by the Lord to bring about this restoration.” His successor Brigham Young testified, “I feel like shouting, hallelujah, all the time, when I think that I ever knew Joseph Smith, the Prophet whom the Lord raised up and ordained, and to whom he gave keys and power to build up the kingdom of God on earth and sustain it.” How can serious study of the prophet’s life strengthen our testimony of his divine work? How should we respond to sincere inquirers who are concerned about negative comments or misleading...
information about the Prophet Joseph? How can we come to know that Joseph Smith was a prophet and help others see the fruits of his life and ministry?

Heidi Swinton—wife, mother, grandmother; author and screenwriter; served with husband when he presided over the England London South mission and when he directed the Laie Hawaii Temple Visitors’ Center

Susan Easton Black—wife, mother, grandmother; retired professor, Church History and Doctrine, BYU; author; currently an instructor at the St. George LDS Institute of Religion

SMITH FIELDHOUSE (SFH)
12:30–1:30 p.m.

54 • Raising Resilient Children Who Grow from Failure

Helping children to become resilient and to grow from failure teaches them to handle challenges in life. Parents can be effective role models of resiliency for their children. Lyle J. Burrup of LDS Family Services suggests that “as children become resilient . . . they see life as challenging and ever changing, but they believe they can cope with those challenges and changes. They view mistakes and weaknesses as opportunities to learn, and they accept that losing may precede winning.” President Kevin J. Worthen emphasizes, “In our quest for perfection, how we respond when we fail will ultimately determine how well we will succeed.” How can parents help children develop the attitudes and skills of resiliency? Why is it important for children to learn that failure is part of moving forward towards success and growth? How can parents effectively model resiliency for their children?

Sarah Coyne—wife, mother; associate professor, BYU School of Family Life

Marie Shepherd—spunky wife, all-boy momma; educator; temple prep instructor; assistant in equine therapy for adolescents; Southerner; former and future missionary mom

BALLROOM, WILKINSON STUDENT CENTER (WSC)
12:30–1:30 p.m.

55 • Listening and Discussing Tough Topics with Teens

When our teens face challenges, it is important to communicate with them in ways that strengthen our relationships. Too many young people experience anxiety, pain, loneliness, and depression. President Russell M. Nelson teaches, “The time to listen is when someone needs to be heard. Children are naturally eager to share their experiences. . . . If they try to express their anguish, is it possible for us to listen openly to a shocking experience without going into a state of shock ourselves? Can we listen without interrupting and without making snap judgments that slam shut the door of dialogue?” How can we ensure that our teens are not afraid to be open, honest, and willing to talk about the good and the bad in their lives? How can we avoid being judgmental or overreacting and thus create a safe and positive space for difficult conversations?

Julie Gowans—wife, mother; Relief Society teacher; former Young Women president; high school teacher who oversees student council

Alex Jensen—husband, father; Young Men president; assistant professor, BYU School of Family Life

3220-3224, WILKINSON STUDENT CENTER (WSC)
12:30–1:30 p.m.

56 • Armed with Strong Faith to Overcome Life’s Challenges

Faith is to hope for things which are not seen, but which are true, and it must be centered in Jesus Christ. Sister Julie B. Beck declared, “With strong faith we can triumph over life’s adversities. Without it we become confused, discouraged, depressed, distracted, and lost. Faith is how the Lord heals us and strengthens us.” Sister Neill F. Marriott counsels, “Search diligently, pray always, and be believing, and all things shall work together for your good’ (Doctrine and Covenants 90:24). This doesn’t mean all things are good, but for the . . . faithful, things—both positive and negative—work together for good, and the timing is the Lord’s.” In what ways does our daily striving for righteousness help us to become more faithful? How do scriptural examples of faith encourage us to continue our journey? How do we come to understand that when we exercise faith, the Lord will move mountains to help us? How do we follow Alma’s teaching to nourish the seed of faith in our hearts? (Alma 32:27).
Women’s Conference Sessions

Sharon Alexander—wife, mother; temple ordinance worker; former ward and stake Relief Society president; cared for husband with Parkinson’s disease for 10 years

Paige La’amauga Call—wife, mother, sister; USU graduate; homemaker; Relief Society teacher; from Arizona

DE JONG CONCERT HALL, HARRIS FINE ARTS CENTER (HFAC)
12:30–1:30 p.m.

57 • “They That Wait upon the Lord”

Throughout our lives we are faced with many questions and decisions. As we seek answers and guidance from the Lord, we will at times be like Oliver Cowdery, who was taught in Doctrine and Covenants 97, “…you have supposed that I would give it unto you, when you took no thought save it was to ask me.” President Henry B. Eyring testified, “He will answer your prayers for help beyond your human understanding. But I also bear you my testimony that the words ‘study it out’ mean a degree of patience, of labor, of persistence commensurate with the value of what you seek.” How does persistence in prayer and study help us understand and accept the Lord’s will? How do we build foundational habits of personal prayer and gospel study that will bring us closer to the Lord as we seek answers to life’s challenges?

Annalece Boothe Misiego—God-believing, Jesus-following, Spaniard-marrying, family-loving, lady-raising, song-singing, stroke-surviving, pebbled-ice enthusiast

Sharon Aposhian Wright—wife, mother, grandmother; temple worker; long-term volunteer at the Utah State Prison

AUDITORIUM, JOSEPH SMITH BUILDING (JSB)
12:30–1:30 p.m.

58 • “Distinct and Different—In Happy Ways”: The Power of Example

President Spencer W. Kimball prophesied, “Much of the major growth that is coming to the Church in the last days will come because many of the good women of the world will be drawn to the Church in large numbers. This will happen to the degree that the women of the Church reflect righteousness and articulateness in their lives and to the degree that the women of the Church are seen as distinct and different—in happy ways…”. President Thomas S. Monson taught, “We are to be an example in spirit. … That means we strive to have in our lives kindness, gratitude, forgiveness, and goodwill. These qualities will provide for us a spirit which will touch the lives of those around us.” How does living gospel principles make us “distinct and different,” especially in “happy ways”? How can we strengthen one another in the Lord by being, as Paul taught, “an example of the believers” (1 Timothy 4:12)? How can our influence further the Lord’s work?

Allison Lee—daughter, sister, friend; mechanical engineering PhD student, BYU; returned missionary

Ally Isom—wife, mother, grandmother; Institutional Messaging director for the LDS Church; former deputy chief of staff, communications director, spokesperson for Utah governor

ASSEMBLY HALL, HINCKLEY CENTER (HC)
12:30–1:30 p.m.

59 • Prayer: The Passport to Spiritual Power

C. S. Lewis wrote, “I pray because I can’t help myself. … I pray because the need flows out of me all the time. … It doesn’t change God. It changes me.” Elder David E. Sorensen explains, “Prayer itself is an act of faith as well as an act of righteousness. Prayer is the defining act of the worshipper of God the Father and His Son Jesus Christ. … The act of prayer itself can change and purify us.” As he concludes, “Truly, the prayer of faith is the secret of the strength of the Church.” President Thomas S. Monson affirmed, “Prayer is the passport to spiritual power.” How can we use prayer as this powerful passport? How can we renew our spiritual life through prayer? Why is it so important to make daily prayer central to our conversion process?

Amy C. Reading—wife, mother; serving in Young Women; EFY session director; seminary teacher

Sandi Suarez—wife, mother, sister; mechanical engineering PhD student, BYU; returned missionary

PARDOE THEATRE, HARRIS FINE ARTS CENTER (HFAC)
12:30–1:30 p.m.

60 • “Comparison Is the Thief of Joy”

Sister Joy D. Jones asks, “How many of us struggle, from time to time, with negative thoughts or feelings about ourselves? … Thinking small about ourselves does not serve us well. Instead it holds us back. … We can stop comparing our worst to someone else’s best.” It is often easy for us to compare our own life to someone else’s experiences. However, we are told that comparison is something that
does not uplift or invite the Spirit into our lives. The Apostle Paul warned the Corinthians that “they measuring themselves by themselves, and comparing themselves among themselves, are not wise” (2 Corinthians 10:12). How can we combat the urge to compare ourselves with others? How can we focus on who we are as daughters of God? How do we find our peace and validation from God instead of through comparison with others?

Jessica Guynn—wife, mother, foster parent; Road Home volunteer; Gospel Doctrine teacher; served in Spain Madrid mission; BYU degree in journalism

Lynne Kelson—wife, mother; master’s degree in English (composition pedagogy); stake Young Women counselor; school and district community councils, Alpine School District; served mission in Puerto Rico

MADSEN RECITAL HALL, HARRIS FINE ARTS CENTER (HFAC) 12:30–1:30 p.m.

61 • Bearing Our Burdens with Ease

When, with faith in Jesus Christ, we give our burdens to Him, He promises, “And I will also ease the burdens which are put upon your shoulders, that even you cannot feel them upon your backs” (Mosiah 24:14). President Dallin H. Oaks taught, “He knows of our anguish, and He is there for us. Like the good Samaritan, when He finds us wounded at the wayside, He will bind up our wounds and care for us. The healing and strengthening power of Jesus Christ and His Atonement is for all of us who will ask.” How can we recognize the depth of the love our Heavenly Father and our Savior have for us? How do we give our burdens to God? How does our faith in Christ and His Atonement help us bear our “burdens with ease, and . . . submit cheerfully and with patience to all the will of the Lord” (Mosiah 24:15)?

Carolyn Billings—daughter, sister, aunt; director of Sports Medicine for BYU Athletics; cancer survivor

Marlene Pelham—mother, grandmother, friend, widow; Young Women Beehive advisor, assistant camp director; temple ordinance worker; returned missionary; benefits administrator; runner

62 • Family Councils: A Heavenly Pattern

President Russell M. Ballard teaches, “Successful families are built with a wide assortment of tools, and one of the most useful tools is the family council.” Family councils are a time to plan, share in the burdens and joys of family members, and evaluate our spiritual progression as we follow the Lord’s counsel: “And now come . . . and let us reason together, that ye may understand” ( Doctrine and Covenants 50:10). President Ezra Taft Benson taught that when we hold family councils, “. . . we imitate in our homes a heavenly pattern.” What are the principles that should govern family councils? What are different types of councils that could be held in a family? What blessings can come from counseling together as families?

Kathryn Sorensen Olsen—wife, mother; returned missionary; former ward Relief Society president

Ann Parkin—wife, mother; counselor in ward Young Women presidency

VARSITY THEATRE, WILKINSON STUDENT CENTER (WSC) 12:30–1:30 p.m.

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Kathryn Sorensen Olsen—wife, mother; returned missionary; former ward Relief Society president

Ann Parkin—wife, mother; counselor in ward Young Women presidency
Women’s Conference Sessions

2254 CONFERENCE CENTER (CONF)  
12:30–1:30 p.m.

63 • Strengthening the LGBTQ-Identified in the Lord

As followers of Jesus Christ, we need to develop a Christlike attitude towards others, including those who identify as LGBTQ. The proclamation on the family helps us to understand important doctrine about families in eternity. President Dallin H. Oaks stated, “There is no change in the Church’s position of what is morally right.” President Oaks added, “But what is changing—and what needs to change—is helping Church members respond sensitively and thoughtfully when they encounter same-sex attraction in their own families, among other Church members, or elsewhere.” Elder Quentin L. Cook challenges, “Let us be at the forefront in terms of expressing love, compassion, and outreach. Let’s not have families exclude or be disrespectful of those who choose a different lifestyle as a result of their feelings about their own gender.” How can we understand the doctrine of the family and also foster love and mutual respect with those who identify as LGBTQ? How can we help them to feel the Lord’s love for them?

Anne Cox—widow, mother, grandmother; Primary teacher and ward pianist/organist; piano teacher; former stake Relief Society president, ward Young Women president

Steve Smith—husband; director, Counseling and Career Center, BYU; clinical professor

2260 CONFERENCE CENTER (CONF)  
12:30–1:30 p.m.

65 • Con todo el sentimiento de un tierno padre: Enseñar a los hijos la integridad espiritual

La hermana Joy D. Jones explica: “Mientras enseñen, guíen y amen a los niños, pueden recibir revelación personal que los ayudará a formar y preparar a niños valientes, resistentes al pecado . . . El crear hábitos constantes de orar, estudiar las escrituras, hacer la noche de hogar y de adorar en el día de reposo, llevan a la integridad, a la constancia interior y a los valores morales fuertes; en otras palabras, a la [integridad] espiritual.” El élder Richard G. Scott preguntó: “¿Qué frutos imperecederos resultarán de las semillas de verdad que esmeradamente planten y seriamente cultiven en el terreno fétil de la confiada mente y corazón de su hijo?” Él nos recuerda: “Hallarán principios correctos en las enseñanzas del Salvador, Sus profetas y las Escrituras, especialmente en el Libro de Mormón.” ¿De qué manera podemos hacer de nuestro hogar una fuente de fortaleza y un lugar de aprendizaje? ¿Cómo podemos enseñar principios que dirijan a nuestros hijos al Salvador y que lleven a la “[integridad] espiritual”?

Tania Gamarra Lamb—esposa, madre; ex misionera; bloguera; miembro de la mesa redonda de madres de los parques Disney

Marcela Sanchez—esposa, madre, abuela; directora de música de la Primaria; graduada de BYU en trabajo social

BALLROOM, HARMAN BUILDING (HCEB)  
12:30–1:30 p.m.

64 • You Are More Than Your Social Media Profile

“Success in life doesn’t come down to how many likes we get or how many social media friends or followers we have. It does, however, have something to do with meaningfully connecting with others and adding light to their lives,” observes Elder Gary E. Stevenson. We need to be vigilant in how we use social media and other technology. It can be used for good, or it can become a stumbling block to our spiritual progression. How do we keep social media from “distracting us or inhibit[ing] our capacity to discern things as they really are”? (Elder David A. Bednar). How do we better manage our time spent on social media and other screen time? How do we avoid comparing our real lives with the mirage of perfection we see online?

Becky Higgins—wife, mother; documenter; social media advocate @BeckyHiggins LLC; stake Relief Society president; creator of Project Life®; business owner

Angela Boyle King—wife, mother; ward choir director; social media producer for the Church of Jesus Christ of Latter-day Saints; laughs at her own jokes

Marcela Sanchez—esposa, madre, abuela; directora de música de la Primaria; graduada de BYU en trabajo social
Concurrent Sessions
2:00–3:00 p.m.

MARRIOTT CENTER (MC)
2:00–3:00 p.m.

66 • Up, Awake, Ye Defenders of Zion (Hymns, no. 248)

President Henry B. Eyring declares, “[The Savior] testified boldly yet lovingly of the true doctrine He received from His Father, even if it was unpopular, and so must we.” We can be bold, kind, and respectful, but we still need to stand up for our beliefs. Sister Sharon Eubank challenges us, “Each of us needs to be better at articulating the reasons for our faith. . . . Use your voice and your power to articulate what you know and feel. . . . The prophets are calling on us, my sisters. Will you be righteous? Will you articulate your faith? . . . Will you turn on your light?” How can we be more confident in boldly sharing our faith? How can we overcome our fear of testifying? How do we articulate answers to sincere questions?

Cristina B. Franco—wife, mother, grandmother; second counselor, Primary general presidency; former member, Primary general board; served with husband when he presided over the Argentina Resistencia mission

Bonnie H. Cordon—wife, mother; first counselor, Primary general presidency; served with husband when he presided over the Brazil Curitiba mission

Joy D. Jones—wife, mother, grandmother; homemaker; Primary general president; former member, Primary general board

SMITH FIELDHOUSE (SFH)
2:00–3:00 p.m.

67 • Simplify Your Life

In this world it can be difficult to use our time wisely. Elder Richard G. Scott warned, “It is important that our daily activities do not distract us from listening to the Spirit.” Time is a precious commodity, and the Spirit can guide us in selecting daily activities of most worth. It is important to simplify our life to avoid being overscheduled, overwhelmed, and out of balance. We need to step back from the digital world and engage instead in activities that reinforce our value as a daughter of God, bring us closer to the Savior, and build eternal relationships. How can we find happiness by simplifying our lives? How do we prioritize activities and eliminate those that have little value? What are some skills we can develop to balance home, family, church, and work responsibilities? How will we be blessed if we give top priority to our relationships with the Savior and our families?

Cindy Lou Trishman—daughter, sister, wife; mother, coordinates life and emotional well-being for herself and family

Kim Smith Yandow—wife, mother, grandmother; yoga instructor; public speaker; author of SimpleSpaces: 4 Steps to Physical and Emotional Serenity

BALLROOM, WILKINSON STUDENT CENTER (WSC)
2:00–3:00 p.m.

68 • Teaching Children to Recognize Truth

In a world that is increasingly blunt in its attacks on the things pertaining to God, it is vital that we teach our children and youth how to recognize truth and where to go for answers when they have questions. President Dieter F. Uchtdorf states, “Never in the history of the world has it been more important to learn how to correctly discern between truth and error.” If our children know truth, they can recognize error, “for behold, the Spirit of Christ is given to every man, that he may know good from evil . . . ” (Moroni 7:16). How can we teach children to discern truth from error and to have the courage to act on the truths they know? How can questions build faith, rather than lessen it? How do we teach our children to recognize and follow the promptings of the Holy Ghost to help them discover truth?

Kiersten Blanchard—wife, adoptive and biological mother; full-time homemaker; ward Relief Society secretary; violinist with Orchestra at Temple Square; reader, baker, napper

Pat Bradley—wife, mother, grandmother; schoolteacher; Women’s Conference committee member
Women’s Conference Sessions

3220–3224 WILKINSON STUDENT CENTER (WSC)
2:00–3:00 p.m.

69 • I Will Make Weak Things Become Strong (Ether 12:27)

In 3 Nephi 9:13 the Savior lovingly asks, “Will ye not now return unto me, and repent of your sins, and be converted, that I may heal you?” Nephi expressed the common condition of all who have felt sorrow for sin: “O wretched man that I am! Yea, my heart sorroweth because of my flesh; my soul grieveth because of mine iniquities” (2 Nephi 4:17). Nephi also knew that there was hope. He knew that joy and peace were possible through the Atonement of Jesus Christ. “Guilt due to sin can lead to godly sorrow, the purpose of which is to bring us to repentance so that we may continue to grow and progress. Shame, however, destroys our sense of purpose and limits positive action” (Wendy Ulrich). The Lord has promised, “For if they humble themselves before me, and have faith in me, then I will make weak things become strong unto them” ( Ether 12:27). How can we ensure that our weaknesses and mistakes lead us to godly sorrow and a change of heart instead of to despair and hopelessness? What can we do to feel God’s love as we work to repent and improve?

Annie Edwards—mother; licensed clinical social worker, therapist specializing in trauma, relationships, and overcoming shame; Gospel Doctrine teacher

Mary N. Larson—wife, mother, grandmother; former Young Women president, Gospel Doctrine teacher; English instructor at LDS Business College

DE JONG CONCERT HALL, HARRIS FINE ARTS CENTER (HFAC)
2:00–3:00 p.m.

70 • Being True to Each Other: Trust and Fidelity in Marriage

In Doctrine and Covenants 42:22 we are taught, “Thou shalt love thy wife with all thy heart, and shalt cleave unto her and none else.” Handbook 2 states, “Married couples cleave to God and one another by serving and loving each other and by keeping covenants in complete fidelity to one another and to God.” Elder Richard J. Maynes teaches, “Trust brings peace, love, and an environment where that love can grow. . . . As we understand and apply this sacred principle of trust built on integrity, we will be true to our sacred covenants.” How can we build an environment in which love can grow and trust can be strengthened in our marriages? How do we strengthen our spouse in the Lord on a daily basis? How do daily gospel habits nourish and strengthen a marriage?

Cindy Patey Brewer—professor of German, BYU; wife of an Air Force Chaplain and mother of 11 (six biological sons, five adopted daughters); former marriage retreat speaker/facilitator for Air National Guard

Emily Darger Deans—former CSU volleyballer married to former BYU footballer for 16 years of happiness and hard work; mother, institute teacher, home chef, mountain adventurer, lover of carpool karaoke

AUDITORIUM, JOSEPH SMITH BUILDING (JSB)
2:00–3:00 p.m.

71 • Walking in the Light of Testimony

“That which is of God is light; and he that receiveth light, and continueth in God, receiveth more light; and that light groweth brighter and brighter until the perfect day” (Doctrine and Covenants 50:24). No matter where we are on the path, if we turn to Him, we “will recognize His hand in [our] life. [We] will feel His love. And the desire to walk in His light and follow His way will grow with every step of faith [we] take” (President Dieter F. Uchtdorf). No matter where we are on the path, how do we nurture our testimonies and “continue in God”? How does acting upon our testimonies strengthen them and help us to progress? How can the light of our testimony grow into a “brightness of certainty” (President Harold B. Lee)?

Jennifer Dexter—wife, mother, homemaker from Idaho (now lives in Lindon, UT); BS in education, BYU; served mission in England; Relief Society president

Kristy Dimmick—Realtor; seminary teacher for 17 years; favorite aunt

ASSEMBLY HALL, HINCKLEY CENTER (HC)
2:00–3:00 p.m.

72 • The Lord’s Hand Is Guiding You

Our loving Heavenly Father guides every detail of our lives. Elder Ronald A. Rasband teaches, “Our lives are like a chessboard, and the Lord moves us from one place to another—if we are responsive to spiritual promptings. . . . By ‘divine design,’ He is in the small details of your life as
President Thomas S. Monson stated, “There is a guiding hand above all things. Often when things happen, it’s not by accident. One day, when we look back at the seeming coincidences of our lives, we will realize that perhaps they weren’t so coincidental after all.” How do we recognize the Lord’s hand in the details of our lives? How does learning to see daily miracles help strengthen our faith? How does reflecting on past spiritual guidance remind us that God is close by, saying, “I am right here”?

**Delfa Andrus**—wife, mother, grandmother, great-grandmother; homemaker; Relief Society teacher; lifetime of experiences with the Spirit in teaching and leadership callings

**Susan Bell**—wife, mother; ward Relief Society president; speech-language pathologist, Salt Lake school district

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**PARDOE THEATRE, HARRIS FINE ARTS CENTER (HFAC)**

2:00–3:00 p.m.

**73 • Strengthening Young Men: Believe in Your Divine Identity**

The prophet Lehi sounded this clarion call: “Awake, my sons; put on the armor of righteousness” (2 Nephi 1:23). One of our primary responsibilities as parents is to raise happy and confident young men who can respond to Lehi’s call as they learn of their divine identity as sons of God, become disciples of Jesus Christ, and prepare for the responsibilities of being a righteous husband, father, and priesthood holder. Sister Joy D. Jones emphasized, “We must understand our—and their—divine identity and purpose before we can help our children see who they are and why they are here.” How do we, as mothers, fulfill this challenge and prepare young men for family and Church service? How can we help them gain confidence in their abilities in these roles? How do we help them magnify the priesthood they hold? How can clear, faith-filled communication help boys feel the joy of the gospel and create a desire for righteousness?

**Brenda Bennett**—wife, mother, grandmother; former Relief Society and Young Women president; retired educator; Women’s Conference committee member

**John James**—husband, father, grandfather, foster father; University of Utah MBA; has served over 21 years with Young Men and Scouting

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**MADSEN RECITAL HALL, HARRIS FINE ARTS CENTER (HFAC)**

2:00–3:00 p.m.

**74 • Praise the Lord with Music**

“Some of the greatest sermons are preached by the singing of hymns. Hymns move us to repentance and good works, build testimony and faith, comfort the weary, console the mourning, and inspire us to endure to the end” (*Hymns*, 1985, p. ix). Sacred music has always been a means of praising God and inviting His spirit. President Dallin H. Oaks teaches, “The singing of hymns is one of the best ways to put ourselves in tune with the Spirit of the Lord . . . [and] to learn the doctrine of the restored gospel.” How can pondering the hymns strengthen us? How can we use hymns to invite the Spirit in teaching and serving one another? How can sacred music invite the Spirit into our homes?

**Melanie Hoffman**—wife, mother, grandmother; songwriter, including “Gethsemane” and “Scripture Scouts”; loves children and music and believes in the power of both

**Jennifer Durham Tolk**—wife, mother; musician; Primary chorister; former Gospel Doctrine teacher, Primary president, ward music chair and choir director; piano teacher; Harvard BA in English
VARSITY THEATRE, WILKINSON STUDENT CENTER (WSC) 2:00–3:00 p.m.

75 • Young Single Adults: Communicating Eye-to-Eye and Heart-to-Heart

The Savior demonstrated the power of personal, one-on-one interactions throughout His ministry. When we follow the example of Jesus Christ, by interacting face-to-face and heart-to-heart, we build stronger relationships. While technology has made it possible to connect with more people in more ways than ever before, if we are not careful these marvelous tools of communication may cause us to gradually become disconnected. Elder David A. Bednar has counseled young adults today, “Please be careful of becoming so immersed and engrossed in pixels, texting, earbuds, twittering, online social networking, and potentially addictive uses of media and the Internet that you fail to recognize the importance of your physical body and miss the richness of person-to-person communication.” What patterns of communication can we learn from the mortal ministry of Jesus Christ? How can we use technology to connect in positive and meaningful ways and develop authentic relationships? What actions/habits will enlarge our capacity to get to know those around us and to love and serve them better?

Peggy Berrett—wife, mother; currently serving in YSA stake Relief Society presidency

John B. Eyring—husband, father; Harvard MBA; former counselor in YSA bishopric; son of President Henry B. Eyring

2254 CONFERENCE CENTER (CONF) 2:00–3:00 p.m.

76 • Opening the Heavens: Family History and Temple Work

Involvement in family history and temple work will bring the power of heaven into our lives. Elder Dale G. Renlund promises, “If you accept this challenge, . . . you’ll find not only protection from the temptation and ills of this world, but you’ll also find personal power—power to change, power to repent, power to learn, power to be sanctified, and power to turn the hearts of your family together and heal that which needs healing.” How is involvement in temple and family history work an expression of our witness of the divine character and mission of Jesus Christ? How does this understanding change the way we view family history and temple work? How will involvement in family history and temple work bless our families?

Christa Bushman—wife, mother, grandmother; homemaker who does family history by day and serves as a ward missionary by night

Sharron Collier—wife, mother; ward temple and family history consultant; BYU retiree; Family Search Support service missionary

BALLROOM, HARMAN BUILDING (HCEB) 2:00–3:00 p.m.

77 • Single Adult Sisters: The Church Can’t Do It without You

Being single in a family-centered church creates questions about individual roles, personal value, and the ability to contribute. President Gordon B. Hinckley taught, “You have great talents and can add immeasurably to the quality of the teaching and leadership in . . . any ward in the Church.” He continued, “Never forget that there is something of divinity in each of you. You are a . . . daughter of God, and you have a wonderful inheritance.” Sister Bonnie L. Oscarson encourages, “Begin your service in your own homes and within your own families . . . find ways to serve, lift, and strengthen.” How can we continue to draw nearer to the Lord and strengthen our testimonies? How can we continue having faith in Heavenly Father’s plan of happiness through all stages of life as a single person? How can we better engage with our ward family?

Stacy Clifford—mother; stake Relief Society counselor; speech therapist

Michalyn Steele—associate professor, BYU Law School; former Scout leader
78 • “Una súplica a mis hermanas”: Respondamos al desafío

Se ha desafiado a las mujeres de la Iglesia a que actúen. El presidente Russell M. Nelson declara: “... necesitamos mujeres que tengan un entendimiento sólido de la doctrina de Cristo... Nosotros, sus hermanos, necesitamos de su fortaleza, su conversión, su convicción, su capacidad para dirigir, su sabiduría y sus voces. ¡El Reino de Dios no está completo... sin las mujeres que hacen convenios sagrados y los guardan; mujeres que pueden hablar con el poder y la autoridad de Dios!” El presidente Russell M. Nelson testifica: “Necesitamos mujeres que sepan cómo hacer que las cosas importantes sucedan mediante su fe y que sean defensoras valientes de la moralidad y la familia en un mundo enfermo por el pecado. ... [El] Espíritu Santo magnificará su influencia de un modo sin precedentes.” ¿Qué significa tener un entendimiento sólido de la doctrina de Cristo? ¿Qué podemos hacer para actuar de conformidad con ese desafío? ¿Cómo podemos buscar la fuerza del Señor para cumplir nuestras importantes funciones en el Reino?

Claudia Archer —esposa; asesora de Abejitas; trabaja para el Departamento de Traducción de la Iglesia; originaria de México

Dulce María Benjamin —esposa, madre; ex misionera; directora de Bailando con el Corazón, un grupo de danza folklórica hispana para niños

Friday Afternoon Closing Session

Marriott Center (MC)
3:45–5:00 p.m.

Wendy Watson Nelson —wife of President Russell M. Nelson; author

President Russell M. Nelson —husband, father, grandfather; president of The Church of Jesus Christ of Latter-day Saints
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Conference Etiquette

• To maintain a spirit of reverence, please be courteous to the presenters and those around you by remaining in your seat until the session has ended. Entrance to sessions will not be permitted during the last 15 minutes.
• Please refrain from saving seats; all seating is first come, first seated. To seat sisters as quickly as possible, open seats will be filled with those waiting in line.
• No eating or drinking is allowed in session rooms, with the exception of the Marriott Center.
• To maintain a reverent atmosphere in the session rooms, please refrain from clapping at the end of sessions. If you wish to show your gratitude to presenters, please use the evaluation located in the center of the Program Update.
• Please turn off all electronic devices before entering session rooms.
• To avoid any copyright violations, video or audio recording through use of any electronic device is not permitted.

I misplaced my name badge. How can I get another?
Your name badge is your ticket to the conference and the evening activities. If you lose your badge or leave it at home, a duplicate may be obtained for $5 on verification of registration at the conference information desks at the Wilkinson Student Center’s Garden Court (WSC) or the Marriott Center (MC). Duplicate name badges will not be mailed.

What should I wear? What will the weather be like?
Some participants prefer to dress up and wear dresses or skirts. Others prefer to be casual and wear slacks or jeans. The choice is yours, as long as you are within BYU dress standards. Comfortable shoes are recommended for walking between session venues.

The weather could still be rather cool during the conference. The average high temperature in May is 75°F; the average low is 45°F. Come prepared for Utah’s changeable weather and varying indoor room temperatures.

How do I get tickets for the evening performance?
Your name badge will be your ticket for the performance. The Marriott Center doors will open at 7:45 p.m.

Why can’t we bring small children or nursing infants into conference sessions?
The conference is designed for women and men age 16 and older. Safety concerns and logistical constraints on campus will not allow us to accommodate infants and children in the residence halls, any session rooms (including the Marriott Center), or evening service and cultural events. This policy applies to volunteers, participants, presenters, and guests of presenters.

Can my friend/ward attend the evening activities (service projects, performances) without being registered for the conference?
Sessions of Women’s Conference and all activities on Thursday evening are for registered participants. Everyone who attends will need a conference name badge.

Why can’t we preregister for sessions?
We continue to consider this possibility. However, for a conference of this size, the logistics would make a substantial increase in registration fees necessary. The available preregistration methods also create other challenges that we feel would not provide the best experience for all participants. First come, first served is not a perfect answer, but it is the best one we have been able to come up with. We will continue to evaluate other systems and will consider them as cost and efficiency make them feasible for Women’s Conference.

What if the class I’ve chosen is full?
Many people have had the experience described by this Women’s Conference participant: “Sometimes the session I want is full (or too far away), but no matter which session I attend, I always feel I benefitted from it and came away uplifted.” You may discover whole new areas of interest—and that is part of what Women’s Conference is about.

While a particular session you want may be full, there are plenty of seats waiting in other worthwhile sessions. The Marriott Center alone can accommodate more than 19,000 participants, and the other venues together have space for over 10,500 participants. Many participants have found that their favorite session has been an alternative choice when they were not able to get into their first choice.
Why are classes spread out all over campus? Why don’t you repeat popular classes?
The largest classrooms are found in various buildings across campus. Since the schedule is finalized before the conference begins, and we already use all campus space available to us, we cannot set up another session as a repeat.

Why don’t you put popular speakers in larger rooms?
While we already schedule the largest rooms on campus, we honestly do not know beforehand when a presenter will draw a crowd larger than a room will accommodate. Each year we pull together a large focus group of women of all ages and gather information about class selections. However, even with focus groups, it is difficult to anticipate who will want to attend a particular class. We also consider as many elements as we can, including past attendance, predictions on the appeal of new presenters, and presenter availability.

Where is the Lost and Found?
During the conference, Lost and Found locations are at all WC information desks (see page 10 for locations). On Friday afternoon during the closing session, all items will be moved to the Marriott Center. After the conference is over, please call the BYU Lost and Found office at 801-422-3024.

What is your refund policy?

Early Conference Refunds
Cancellations/withdrawals made by or before March 30, 2018, will not be charged any processing fees. You can complete your cancellation/withdrawal:
• online by logging into your account and withdrawing from the conference (or options)

• by calling our registration office (during business hours) at 801-422-8925 or toll free at 1-877-221-6716
• by emailing a cancellation/withdrawal request to womens_conference@byu.edu

Payments made by credit card will be credited back to the payer’s account; participants who have paid by check or cash will receive their refund in the mail.

Late Conference Refunds
All late refund requests must be received by April 27, 2018. Refunds processed between March 30 and April 27, 2018, will be made minus a $15 processing fee. Requests received after April 27, 2018, will not be considered. Housing refund dates are different than conference refund dates. Please see Housing Refunds below for dates and deadlines.

Any conference refund requests made between March 30, 2018, and April 27, 2018, must be sent in writing to:
BYU Women’s Conference
161 Harman Continuing Education Building
Provo, UT 84602

A written refund request MUST:
• include your receipt with name badge attached
• be postmarked on or before Friday, April 27, 2018

If you have not yet received your name badge in the mail, please send your written request (mail or email) before the deadline, and return the name badge when it is received. Your refund will be processed after the name badge is returned. Faxes or copies of the name badge will not be accepted.

Housing Refunds
Requests for housing refunds must be received no later than April 20, 2018. Any requests received between March 30 and April 20, 2018, will be charged a $15 processing fee for campus housing or a $50 fee for Wyview housing. No housing refund requests will be considered after April 20, 2018.

Will Call Information
If you register after March 30, 2018, you can pick up your name badge and program at Will Call locations, as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 9–28</td>
<td>Harman Building Registration Desk</td>
<td>10:00 a.m.–5:00 p.m. (M–F)</td>
</tr>
<tr>
<td>April 30–May 1</td>
<td>Harman Building Lobby</td>
<td>8:00 a.m.–5:00 p.m.</td>
</tr>
<tr>
<td>Wednesday, May 2</td>
<td>Harman Building Lobby</td>
<td>8:00 a.m.–8:30 p.m.</td>
</tr>
<tr>
<td>Thursday, May 3</td>
<td>Marriott Center northeast corner</td>
<td>7:30 a.m.–8:30 p.m.</td>
</tr>
<tr>
<td>Friday, May 4</td>
<td>Marriott Center northeast corner</td>
<td>7:30 a.m.–4:00 p.m.</td>
</tr>
</tbody>
</table>
Service Projects & Sharing Stations

A willingness to serve is part of what makes the sisters of Relief Society so extraordinary. As President Henry B. Eyring explained, “You pass the heritage along as you help others receive the gift of charity in their hearts. They will then be able to pass it to others. The history of Relief Society is recorded in words and numbers, but the heritage is passed heart to heart” (Henry B. Eyring, “The Enduring Legacy of Relief Society,” Ensign, Nov. 2009).

Come and be part of the spiritual legacy at Women's Conference this year by helping us complete a variety of projects for those in need.

BYU Women’s Conference Service Subcommittee
Tiffany Zarbock, chair • Nicolle Bangerter • Wendy Bird • Shawna Borg • Janet Cherrington • Katie Greenwood • Candy Jackson • Jennefer Johnson • Yvette May • Michelle Moore • Lorelie Sander

Take, Make, and Return Projects
Marriott Center (MC) and Wilkinson Student Center (WSC) Garden Court
Thursday, May 3 • 7:30–9:00 a.m. (MC)
Thursday, May 3, and Friday, May 4 • 10:30 a.m.–3:00 p.m. (WSC)

- Wheelchair/Walker Bags for Adults
- Courage Capes for Children
- Crocheted Scarves & Hats (including wig beanies)
- Tag Monsters & Teddy Bears

Service Learning Rooms
Conference Center (CONF), J. Reuben Clark Building (JRCB), Smith Fieldhouse (SFH), and Wilkinson Student Center (WSC)
Thursday, May 3, and Friday, May 4 • 10:30 a.m.–3:00 p.m.

- Fleece Scarves & Hats (JRCB)
- Greeting Cards (JRCB)
- Infant Fleece Blankets (WSC)
- Christmas Stockings (CONF)
- Procedure Doll Kits (CONF)

Sharing Stations*
Wilkinson Student Center (WSC) Garden Court
Thursday, May 3, and Friday, May 4 • 10:30 a.m.–3:00 p.m.

The Sharing Stations are our annual inspiration fair created to provide resources for service. Your lives will be enriched and blessed as you visit with friendly exhibitors who have created booths filled with wonderful ideas to help us reach out to those in need at home, and in our wards and community.

Evening Projects
Richards Building (RB) and Smith Fieldhouse (SFH)
Thursday, May 3 • 5:00–8:00 p.m.

- Meal Kits (SFH Annex)
- Hygiene Kits (SFH Annex)
- Adult/Teen Fleece Blankets (SFH Courts)
- Child Fleece Blankets (RB)
- Autism Caterpillars & Snakes (RB)
- Educational Birthday Bags (RB)
- Happy Pillows (RB)

* Virtual Sharing Stations and project tutorials can be found on our website: womensconference.byu.edu
Deseret Book, Shadow Mountain Artists, and BYU Women’s Conference present

An Evening of Entertainment

Thursday, May 3, 2018 • 8:15 p.m. • Marriott Center (MC) • Doors open at 7:45 p.m.
Your name badge is your ticket to all conference activities.

Don’t miss our evening of inspirational and uplifting music and messages highlighting some of your favorite LDS artists.
Debut Your Talents on Our Stage!

Does your child love to write?

BYU Writing Camps
Choose the “write” camp this summer.
writingcamp.byu.edu

Sketch Comedy Workshop
July 8–21, 2018
SKETCHCOMEDY.CE.BYU.EDU

A Youth Camp for Everyone!

youth.byu.edu
“MOST OF US SPEND TOO MUCH TIME ON WHAT IS URGENT AND NOT ENOUGH TIME ON WHAT IS IMPORTANT”
—STEPHEN R. COVEY

MISSION READY

“OPPORTUNITIES FOR SHARING THE GOSPEL ARE EVERYWHERE.”
—PRESIDENT GORDON B. HINCKLEY

- Enjoy five days of mission preparation with returned missionaries and former mission presidents
- Prepare to share the gospel with confidence as you build your skills in study, teaching, relating and planning
- Leave through Provo-Draper-Gospel-Focused classes and fun activities
- Strengthen your testimony, increase your knowledge of the scriptures, practice a foreign language, and more!

AGES 14–18 • BYU CAMPUS
JULY 23–28, 2018

missionready.byu.edu

MY FAMILY

“WHEN OUR HEARTS TURN TO OUR ANCESTORS, SOMETHING CHANGES INSIDE US.”
—PRESIDENT RUSSELL M. NELSON

- Participants learn the fundamentals of family history research through hands-on experience
- Youth will leave the camp prepared to teach others how to do family history work
- Five-day camp includes a trip to the Family History Library and Discovery Center in Salt Lake City
- Fun activities include a dance with Especially for Youth

AGES 14–18 • BYU CAMPUS
JULY 30–AUGUST 3, 2018

myfamily.byu.edu

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missionready.byu.edu

BYU DANCE CAMPS 2018

“MOST OF US SPEND TOO MUCH TIME ON WHAT IS URGENT AND NOT ENOUGH TIME ON WHAT IS IMPORTANT”
—STEPHEN R. COVEY

AGES 14–18 JOIN US
JULY 2–7 OR JULY 9–14

habitsforlife.byu.edu

DANCE CAMPS

“MOST OF US SPEND TOO MUCH TIME ON WHAT IS URGENT AND NOT ENOUGH TIME ON WHAT IS IMPORTANT”
—STEPHEN R. COVEY

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habitsforlife.byu.edu

DANCE CAMPS
Información concerniente la registración

Las mujeres y los hombres de 16 años, o mayores de 16, pueden registrarse para esta conferencia. Cada día empezaremos con una sesión general en el Marriott Center. Este año las cuatro sesiones generales serán traducidas al español. Entre las dos sesiones generales del jueves y viernes, habrán tres sesiones simultáneas en español (sin traducción).

Existen cuatro maneras de registración:
• Por internet: womensconference.byu.edu
• Por teléfono: 1-877-221-6716 o 801-422-8925
• En persona: Los días de la semana 8:00 a.m.–5:00 p.m. (tiempo montaña) en el edificio Harman de Educación Continua (Harman Continuing Education Building, HCEB)
• Los días de la conferencia: Se puede comprar los boletos que se encontrarán en la entrada del Marriott Center, empezando a las 7:30 a.m.

Registration Information

There are four easy ways to register:
• Online: womensconference.byu.edu
• Phone: 1-877-221-6716 or 801-422-8925
• In person: Weekdays 8:00 a.m.–5:00 p.m. MST in the Harman Continuing Education Building lobby
• On the days of the conference: Tickets can be purchased in the Marriott Center, northeast and northwest concourse entrances, beginning at 7:30 a.m.

More information is available online:
womensconference.byu.edu

Registration: by March 30 after March 30
Full Conference $59 $66
One Day $39 $46

Don’t forget to pick up your PROGRAM UPDATE at the conference!

The Program Update contains all conference updates, as well as service projects and their locations. It will be available when you arrive at the Marriott Center and at all Women’s Conference information desks.

Think GREEN! Please bring your program booklet with you to the conference.

Follow us for updates, information, memes, videos, and more!

BYUWomensConference BYUWomensConf
BYUWCService BYUWC