Adult Personal Care Kits



These care kits are needed by homeless shelters, hospitals, and crisis agencies. While they are not inteded to serve as a longterm survival kit, these everyday essentials can help the provide the recipient with a brighter outlook as well as better hygeine and health.

Suggested Contents:

- 1 Cinch Bag
- 1 Notebook
- 2 pens
- 1 bath towel
- 3 pairs of socks
- 1 Shampoo/Conditioner
- 1 Petroleum Jelly
- 1 Deodorant

- 1 Lotion
- 1 Toothpaste
- 2 Soap
- 2 Toothbrushes
- 1 Comb
- 1 First Aid Kit



You may consider including many additional items in your kits. Before you begin assembling your kits, determine who will receive them and how you will distribute them.