

BOY TEDDY BEARS

If you need a hug, wrap your arms around these teddy bear buddies. The bears are used by children's hospitals, family support centers, and children's justice centers that assist children in crisis situations. These bears have a soothing effect on those who are in special need of comfort.



Supplies Needed:

Cardstock

Black Sharpie marker

Scissors

Glue gun

Minky-type fleece

Felt in assorted colors (Oatmeal for face, Black for eyes and nose, and other colors for bow ties)

White thread

Black Button & Craft thread

Needles

Poly-fil stuffing

We used the following amounts to make enough bears for one yard of the fleece (approximately 7 bears).

1 yard fleece

1/8 yard or 9X12 sheet of oatmeal felt

1/8 yard or 9x12 sheet of black felt

1/8 yard or 9x12 sheet of felt for bow ties (various shades of blue, green, etc.)

11 yards white thread

10 oz. poly-fil stuffing (1 oz. to 1 ½ oz. per bear)

21 yards black button & craft thread (3 yards per bear)



INSTRUCTIONS

1. Using the template provided, create pattern pieces on cardstock. After taping the two bear body patterns together, mark a small line on one leg, about two inches apart. This will be where you start and stop sewing with a sewing machine.

Body:

2. Fold fleece in half, placing right sides together. Using the Sharpie, trace the pattern on only one side of the felt. After they have been traced, pin front and back sides together at the ears, arms, and legs.



3. Cut into rectangles around the bears before sewing together, and sew right on the traced line, starting and stopping on the place marked on the leg. (This will leave an opening to turn bear right side out.) **(Picture 4)**
4. Trim the rectangle like this, before turning right side out. Snip a line between legs and where ears dip in at center of head. **(Picture 5)** When you turn it right side out, use the extra pieces of the fleece to self-stuff the arms and ears.



Picture 4



Picture 5

5. After the bear has been turned right side out, sew a line across arms and ears to hold the extra fleece in place. **(Picture 6)**
6. Stuff bear using 1 to 1 ½ oz. of stuffing. Do not over stuff—the bear is supposed to be soft and cuddly. **Leave a very small amount of stuffing for face.**
7. Fold edge opening on the leg together. Knot end of white thread. Using a whipstitch (see instructions for whipstitch on last page), sew the opening closed. Tie knot when finished



Picture 6

Face:

1. Trace pattern for face, eyes, nose, and bow tie on felt. Cut.
2. Using a blanket stitch (see instructions on last page), attach the face about 1 inch from the top of the bear with one strand of Button & Craft thread. Blanket stitch around half of it and then stuff with a pinch of stuffing **(picture 7)**. Finish sewing around face.
3. Using a small blanket stitch attach the eyes close together, slightly overlapping the bottom of the eyes over the top of the face using one strand of black Button & Craft thread.
4. Using a small blanket attach the nose ¼" from top of face using one strand of black Button & Craft thread.
5. Using a back stitch (see instructions on last page) and one strand black Button & Craft thread, create a mouth with an anchor shape. **(Picture 8)**



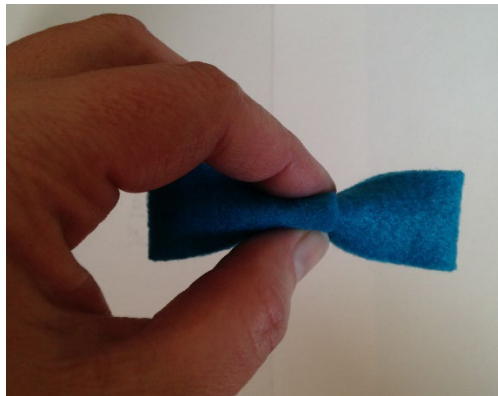
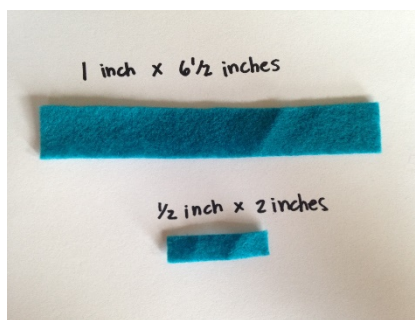
Picture 7



Picture 8

Bow Tie:

6. For the bow tie, take the larger strip, and join ends, forming a circle. Hot glue this together. Then pinch middle together from the back side (the side that was glued together), wrap the small strip around the center, hot gluing it together on the back. The finished bow should look like the bottom left photo. Using white thread, sew the bow tie on the bear $\frac{1}{2}$ " below the face (the glued together side of the bow should be on the side touching the bear).



Stitches:

Blanket Stitch

1. Come up from back on edge of felt.
2. Take the needle down from above about $\frac{1}{4}$ " away diagonally.
3. Come back up on edge about $\frac{1}{4}$ " away, straight across.
4. Slip needle under loop and pull taught, but not too tight or it will cause puckering.

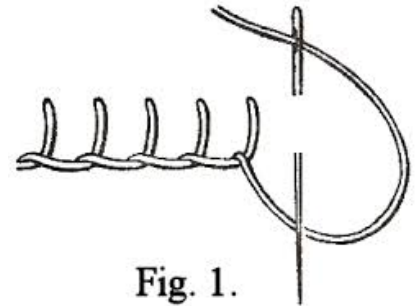
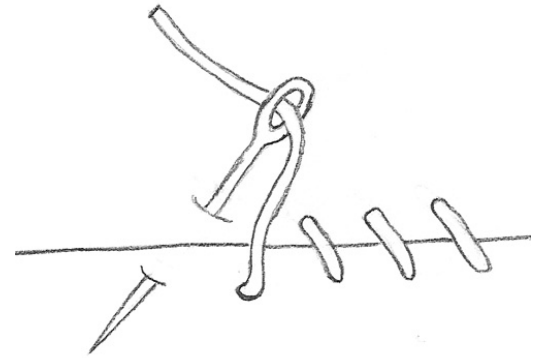


Fig. 1.

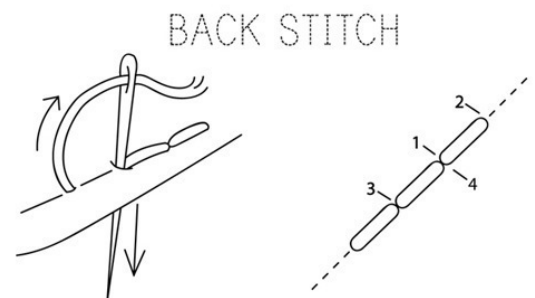
Whipstitch

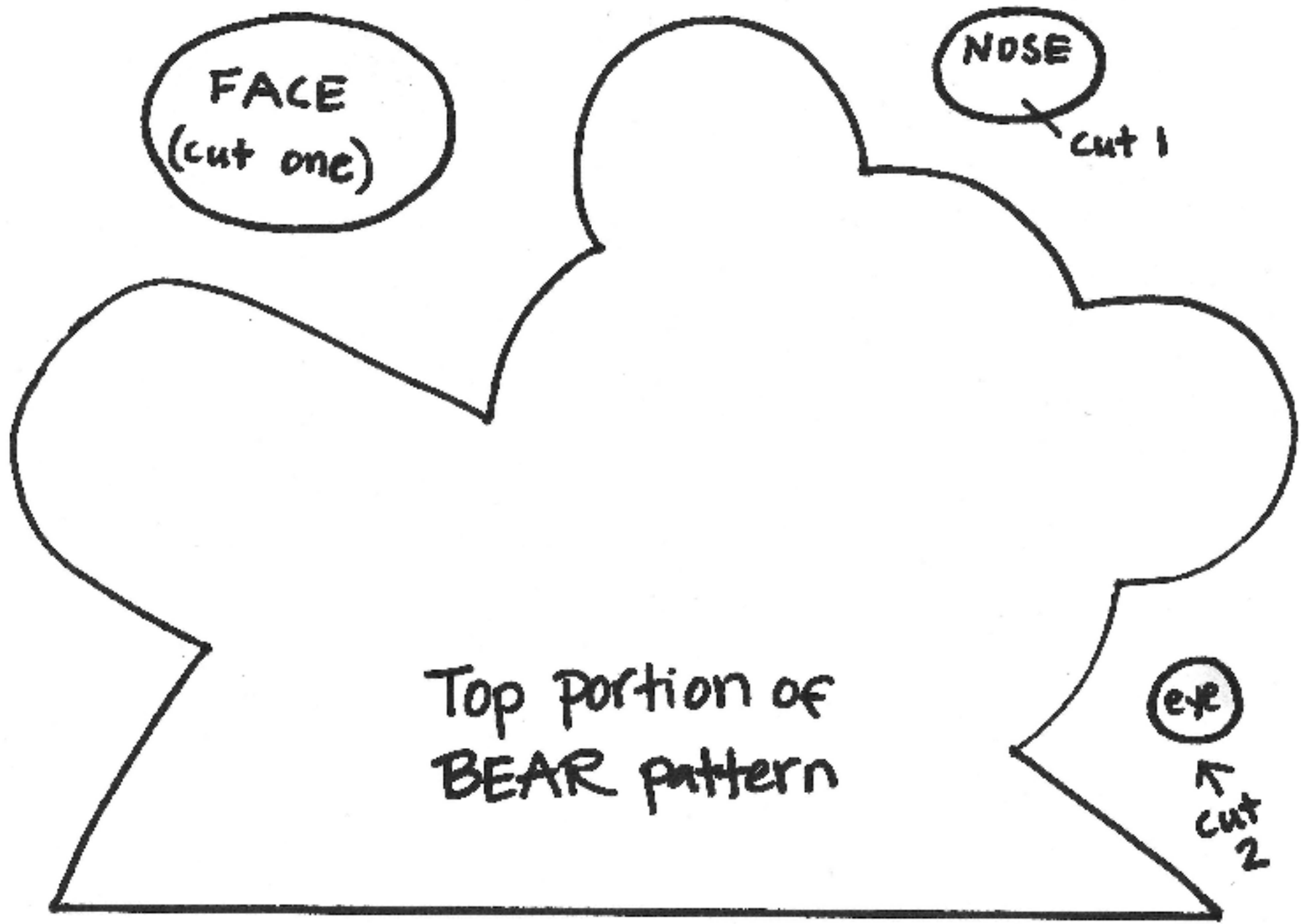
1. Insert the needlepoint into the top layer of the fabric from between the two pieces, leaving $\frac{1}{8}$ " border. This will make sure the knot remains between the two fabrics so that it is not visible from either side.
2. Insert the needle back through the same hole as the previous step so that the next stitch covers the first one. However, this time you need to angle your needle a bit so that the stitch comes up around $\frac{1}{8}$ " from the previous one.
3. Next, you need to poke your needle up through both fabrics, directly beneath the point where the thread came up in the previous stitch. Like in step 2, angle the needle to make sure the thread comes out $\frac{1}{8}$ " away from the last stitch. Make sure to pull the stitch tightly, parallel to your earlier stitch instead of forming an angle.



Backstitch

1. Begin the backstitch by poking the needle up through the fabric, and then back down to make a single stitch.
2. Then poke the needle back up through the fabric and space away from the first stitch, as if you were doing the running stitch.
3. Now poke your needle back down through the fabric at the end of the first stitch. This is the "back" part of the backstitch.
4. Finally, poke your needle up through the fabric a space away from the previous stitch. You will then stitch back again.





FACE
(cut one)

NOSE

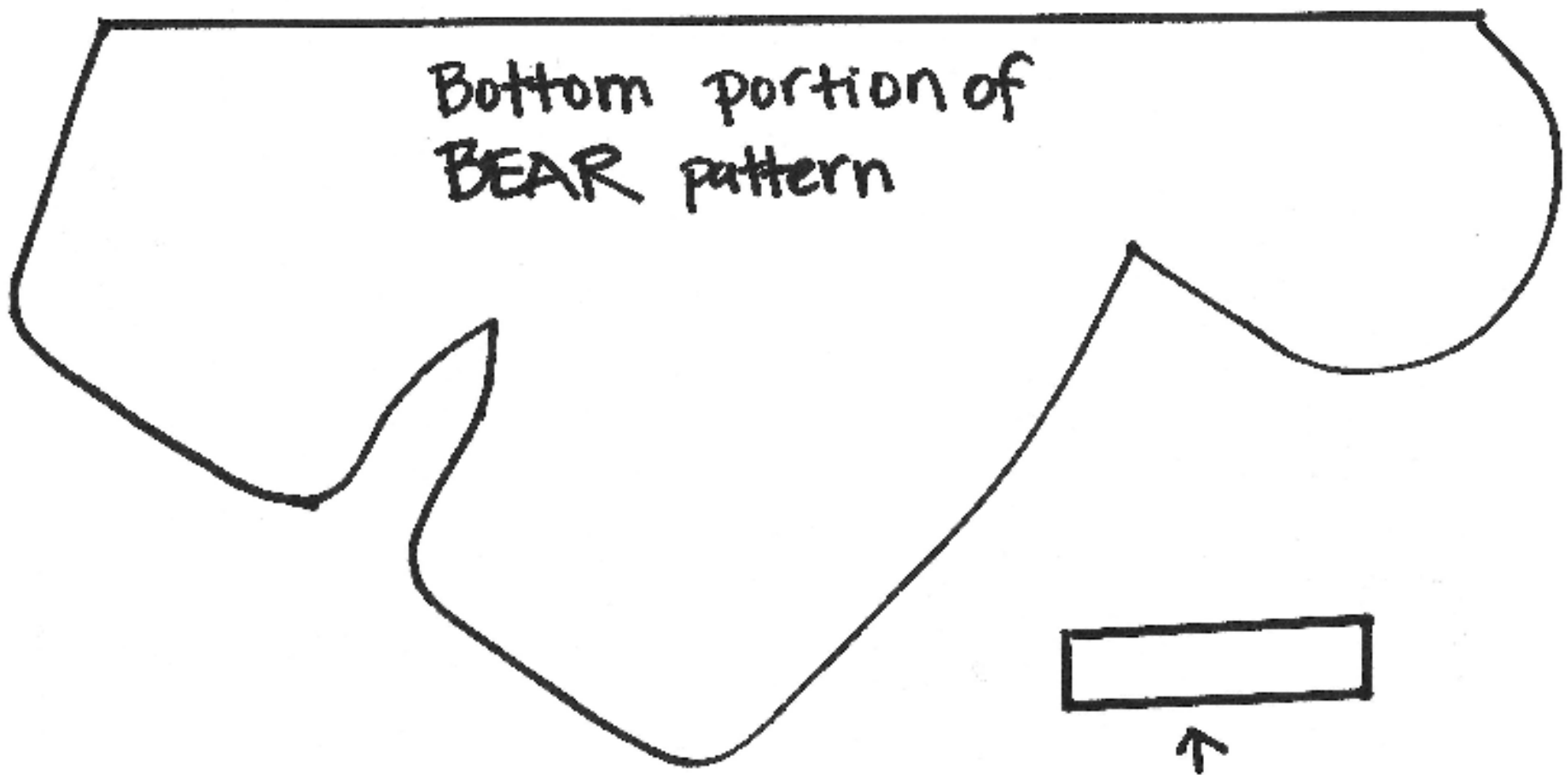
cut 1

eye

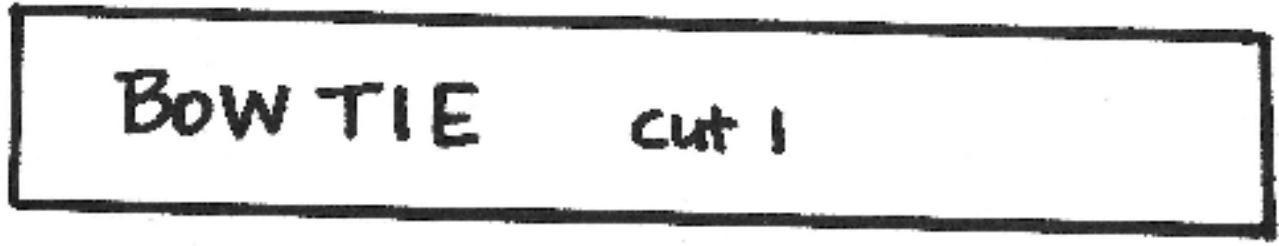
cut 2

Top portion of
BEAR pattern

Bottom portion of
BEAR pattern



BOW TIE
MIDDLE
cut 1



BOW TIE cut 1